SUNDAY

Athens

3:00 PM Athens Serenity Group, St. Paul Episcopal Church, 123 South Jackson St, Athens, TN, 37303, (O,D,Spe)

3:00 PM Athens Serenity Group, St. Paul's Episcopal Church, 123 South Jackson St., Athens, TN, 37303, (D)

Chattanooga

7:30 PM Hope Not Dope Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37421, (O,D,H)

Clarksville

8:00 PM Serenity, Fountain of Life, 2510 U.S. 41 Alt Bypass, Clarksville, TN, 37043, (O,D)

Cleveland

2:00 PM K.I.S.S. Keep It Simple and Spiritual Group, ODAAT Clubhouse, 255 Broad Street SW, Cleveland, TN, 37311, (O,D,LT,H)

Columbia

7:00 PM New Hope Group, St Peter's Episcopal Church - Use Walker Street Entrance, Closed meeting 1st Sunday of each month 6pm, 311 W 7th St., Columbia, TN, 38401,

Cookeville

7:00 PM Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,D,NS)

Cordova

7:00 PM Clarity, Hope Presbyterian Room, Room 230, 8500 Walnut Grove, Cordova, TN, 38018, (O,D,H)

Crossville

5:30 PM Came to Believe, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, 38571, (C,D,NS,LT,H)

Dickson

10:30 AM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

Dyersburg

6:00 PM Dyersburg, Saint Mary's Parish House, 108 N King Ave, Dyersburg, TN, 38024, (O)

East Ridge

7:30 PM Someone Believes in Me Group, Crosspath Church, 4201 Ringgold Rd, East Ridge, TN, 37412, (O,D,H)

Gate City

7:00 PM Faith in Recovery, First Presbyterian Church, Lower level, rear of church, 274 Jones Street, Gate City, VA, 24251, (O,H,NT)

Greeneville

7:00 PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743, (O,NT)

Hendersonville

1:00 PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075, (O)

Hohenwald

7:00 PM New Comers Group, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462, (D,LT)

Johnson City

7:00 PM End of the Road, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604, (O,D,H,NT)

Knoxville

12:30 PM New Attitudes, The Flat Iron, 710 maryville pike, Knoxville, TN, 37920, (D,OE)

3:00 PM It's In The Book, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37920, (O,LGBT,BK)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,IT,NS,CW,H)

8:00 PM The Fix, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37902, (O,SP)

Lafayette

6:00 PM Surrender To Win, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083, (O)

LaFollette

7:00 PM Miracles In The Mountains, West End Community Center, 300 West Beech Street, LaFollette, TN, 37766, (C,NS)

Lawrenceburg

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (0)

Livingston

5:00 PM Livingston NA Group, Millard Oakley Public Library, 107 E Main St, Livingston, TN, 38570, (O,D,NS,H)

Madison

1:00 PM Sweet Surrender, City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115,

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/i/190038870 (HY)

7:00 PM Just For Today, Seventh-day Adventist Church Madison Campus, Meeting is around the back of church to the right. Literature Study Every 4th Sunday., 607 Larkin Springs Rd, Madison, TN, 37115, (O,LT)

Marion

8:00 PM Marion Survivors, Royal Oak Presbyterian Church, 139 W. Main St., Marion, VA, 24354, (O,H,NT)

Memphis

2:00 PM Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,NS) *This meeting meets at 2:00 pm on Sundays due to church services*

7:00 PM Primary Purpose, Grace St. Luke's Church, Enter west side of church, up the ramp, ring doorbell, 1720 Peabody Ave., Memphis, TN, 38104, (O,D,NS,H)

Milan

6:00 PM Clean & Serene, Milan Lodge 191, 1099 East Van Hook St., Milan, TN, 38358, (BK)

Morristown

7:00 PM Carry The Message, All Saints Episcopal Church, Meeting is through back doors, 601 W Main St, Morristown, TN, 37814. (O.H)

7:00 PM Carry The Message, All Saints Episcopal Church (Use back door), 601 W Main Street, Morristown, TN, 37814, (D)

Murfreesboro

10:00 AM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130, (C.D.H.SP)

5:30 PM The Ties That Bind Us, Cumberland Heights IOP, 745 S Church St Suite 501, Murfreesboro, TN, 37130, (C,LT,H)

Nashville

12:30 PM 1-2-3 Cha Cha Cha, Nashville, TN, 37208, https://us02web.zoom.us/j/424029880?pwd=KzFhOU55T3RDdWpPSitEdWtEYk5EZz09, Zoom Password: chachacha (LT,Spe,VM)

2:30 PM For Da Fellas, TPOM TN Prison Outreach, Enter front door and go downstairs, 136 Rains Avenue, Nashville, TN, 37203, (M)

5:00 PM Breaking the Cycle, Otter Creek Church - West End, Special interest meeting for addicts with children. Child-friendly meeting. All addicts welcome!, 3534 West End Avenue, Nashville, TN, 37205, (O,D) *Room 311. Entrance in rear of the church, directly off Richland Ave.*

6:00 PM Bordeaux Group, House of Prayer Church, 1909 County Hospital rd., Nashville, TN, 37218, https://us04web.zoom.us/j/87545814630, Zoom Password: 259178 (O,TC,VM)

NO DATA

NOON New Horizons Group, TN,

https://zoom.us/j/78980171559, Password: 123456 (O,D,VM) 7:30 PM It Works. TN. 37212.

https://us02web.zoom.us/j/73697656017, Zoom Password: 123456 (VM)

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (O,D,NS,CW,H)

Olive Branch

2:30 PM Welcome Home, 3711 Pleasant Hill Road, Olive Branch, MS, 38654, (O,D,NS)

Oneida

7:00 PM Spiritual Awakening, Highway 27 Club, 17737 S Alberta St., Oneida, TN, 37841, (LT)

Paris

6:30 PM Free Spirit, Westwood Pentecostal Church of God, 1788 West Wood St, Paris, TN, 38242, (O,D)

Powell

1:00 PM Recovery at Work, Powell Methodist Church, 323 W Emory Rd, Powell, TN, 37849, (C,RF)

Pulaski

7:00 PM Process of Progress, First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478,

Rainsville AL

6:00 PM Active Change Group, Lions Club Building, In the Concession stand behind the football field, 298 Rodeo Lane, Rainsville AL, AL, 35986, (O,D,To) *Meeting time is Central (7:00 p.m. EST)*

Rockford

10:00 AM Little River Group, Arock Inc., Traditions & Concepts Workshop - bring brunch to eat beforehand, 3722 Old Knoxvlle Hwy, Rockford, TN, 37853, (O,D,Tr,BK,NS,CW,CP,LT,H,E,GP)

NOON Little River Group, Arock Inc., 3722 Old Knoxvlle Hwy, Rockford, TN, 37853, (O,D,IT,NS,CW,H)

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (O,B,D,JT,NS,CW,H,SP)

Savannah

7:30 PM Real Talk, Savannah, 395 C Wayne Road, Savannah, TN, 38372, (O,D)

Sevierville

6:30 PM Solution Seekers Group, Smoky Mountain Christian Church Annex, 125 South Drive, Sevierville, TN, 37862, (O,H)

Shelbyville

12:30 PM Keep It Real, Fairlane Church Of Christ, Hybrid meeting meets in person and on Zoom 2nd and 4th Sundays of the month. Zoom ID 851 112 4561 Password keepitreal, 101 Dow Drive, Shelbyville, TN, 37160, , Zoom ID: 851 112 4561 Passcode: keepitreal (BK,H,GP,HY)

2:00 PM Keep it Real, Fairlane Church of Christ, 101 Dow Drive, Shelbyville, TN, 37160, (LT,VM) *Annex building*

Smyrna

11:00 AM Keeping Hope Alive, 433 Nissan Drive Suite 202, Smyrna, TN, 37167, (LT)

Sparta

7:00 PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583, (O,D)

Union City

6:30 PM Free Spirit, First Christian Church, 603 S 2ND ST, Union City, TN, 38261, (O,D)

West Memphis

7:00 PM No Matter What, 209 Park Dr, West Memphis, AR, 72301, (O,BK,NS) *No signature verification of meeting attendance*

Woodbury

6:00 PM By The Book (Woodbury), Lions Club, 634 Lehman St., Woodbury, TN, 37190, (C,LT,H)

MONDAY

Arlington

7:00 PM Hope Dealers, 6176 Chester St, Arlington, TN, 38002, (O,D,MR)

Bartlett

7:00 PM Something Different, Bartlett United Methodist Church, ROOM 200L, 5676 Stage Rd, Bartlett, TN, 38134, (O,RF,H)

Bolivar

6:30 PM Fanning The Flame, Hardeman, 755 Vildo Rd, Bolivar, TN, 38008, (C,D)

Boones Creek

7:00 PM Serenity Sisters, Boones Creek Christian Church, 305 Christian Church Rd., Boones Creek, TN, 37615, (O,W,H,SP,NT) *Women's Meeting*

Bristol

7:00 PM Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620, (O,St,H,NT)

Camden

7:00 PM Miracles Happen, Camden Library, 121 S Forrest Ave, Camden, TN, 38320, (BK,H)

Celina 7:30 PM E

7:30 PM Back 2 Basics, Shankey Branch First Church of God, 733 Livingston Hwy, Celina, TN, 38551, (O,D,NS)

Chattanooga

6:30 PM Up or Down Group, Restoration Recovery, LGBTQ+, 6141 Shallowford Road #100, Chattanooga, TN, 37416, (O.D.LGBT.H)

8:05 PM 8:05 Group, Ascension Lutheran Church, 720 South Germantown Road, Chattanooga, TN, 37412, (O,D,H)

Clarksville

7:00 PM New Ambitions Group, First Christian Church, 516 Madison, Clarksville, TN, 37040, (O,D)

Cleveland

7:00 PM Turning Point Group, First United Methodist Church, 3425 North Ocoee Street, Cleveland, TN, 37312, (O,LT,LC)

Columbia

7:00 PM Breaking Free, Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401, (O)

7:00 PM New Hope Group, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401,

Cookeville

NOON Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

Crossville

8:00 AM Getting Started Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555. (C,D,NS,H)

6:30 PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (C,D,NS,H)

Dandridge

8:00 PM Easy Does It, First United Methodist Church, Rear parking lot, 121 E. Meeting St, Dandridge, TN, 37725, (O,IW,H)

Dickson

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

Hermitage

7:30 PM Miracles on Monday, Emmanuel Lutheran Church, 1003 Hickory Hills Lane, Hermitage, TN, 37076, (O,D)

Jackson

6:30 PM Never ALone, Lambeth UMC, 160 Campbell St, Jackson, TN, 38305, (C,D)

Johnson City

7:00 PM Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604, (O,LT,H,NT) *Meeting* entrance in rear of church, park inside gated lot

Kingston Springs

6:30 PM Dear Addiction, L.L. Burns Park, 501 Park Street, Kingston Springs, TN, 37082, (B,D,LGBT,YP)

Knoxville

NOON High Noon, The Flatiron, 710 Maryville Pike, Knoxville, TN, 37920, (O)

12:30 PM Noon Thirty, Martin Chapel United Methodist (NA entrance is lower door facing parking lot), 1746 Ohio Ave, Knoxville, TN, 37921, (O,RF,NS,H)

6:30 PM NO NAME, First United Methodist Church, Meeting inside the church, 3316 Kingston Pike, Knoxville, TN, 37919, (C,LT,H)

6:45 PM High on Life, Washington Pike Church, 1700 Washington Pike, Knoxville, TN, 37917, (C,D,CW)

7:00 PM Lost Dreams Awaken, Middlebrook Pike United Methodist Church, 7234 Middlebrook Pike, Knoxville, TN, 37909, (O,D,To)

7:30 PM H.O.P.E., Knoxville, TN, 37902, https://zoom.us/i/8337556843?from=ioin#success

https://zoom.us/j/8337556843?from=join#success, Zoom ID: 833 755 6843 Password: Serenity (B,D,VM)

7:30 PM Hugs Not Drugs, Emerald Ave. Methodist Church, Masks Required, 1629 N. Central St., Knoxville, TN, 37919, (C,CL,D,St,NS,H,MR)

7:30 PM Solutions R Us, Northside Christian Church, 4008 Tazewell Pike, Knoxville, TN, 37918, (O,D,NS,CW,H)

8:00 PM Dopeless Hope Fiends 2, Max Purpose (meeting house 3), 1034 E. Woodland Ave., Knoxville, TN, 37917, (D)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,JT,NS,CW,H)

LaFollette

7:00 PM Miracles In The Mountains, West End Community Center, 300 West Beech Street, LaFollette, TN, 37766, (C,NS)

Lawrenceburg

NOON Sharing and Caring, 212 Waterloo St, Lawrenceburg, TN, 38464, (O)

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (O)

Lebanon

6:30 PM Primary Purpose, Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37087, (O,D)

Lewisburg

NOON High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091, (C,D,BK,H) *Book Study*

Madison

7:00 AM Early Birds, Madison, TN, 37115, https://zoom.us/j/420013090?pwd=L1A3VIIBemZ1SU1GcXZYRUVueWFjUT09, Zoom Password: earlybird (D,LT,VM)

NOON Sweet Surrender, City Road Chapel United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115, (0)

6:00 PM I Can't; We Can, Meets at Parish Life Center, 1217 Gallatin Pk South, Madison, TN, 37115, (O)

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/j/190038870 (HY)

Maynardville

7:00 PM The Boondock Saints, Millers Chapel United Methodist Church, 2719 Maynardville Highway, Maynardville, TN, 37807, (O,D,NS,CW)

Memphis

10:30 AM Positive Awareness, 4798 Summer Ave, Memphis, TN, 38122, (O,D,NS)

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,To)

6:30 PM Get Honest or Die (Hybrid), Hybrid at 2nd Baptist Church, Enter below the breezeway across from the gym on the right, buzz the keypad to gain entry or use code 2176# on the keypad, 4680 Walnut Grove Rd Room 113, Memphis, TN, 38120, https://us04web.zoom.us/j/9018461836, Zoom PW=GHOD (O,IW,RF,BK,HY)

8:30 PM High on Life, Meets in Elementary Room, 4798 Summer Ave, Memphis, TN, 38122, (O,To,NS)

Munford

7:00 PM Harmony, 120 Quinton Dr, Munford, TN, 38058, (O,NS)

Murfreesboro

6:00 PM By The Book, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130, https://zoom.us/j/6152072530 (C,LT,H,HY)

6:30 PM Glow, Cumberland Heights IOP Facility, 745 S. Church St. Ste. 501, Murfreesboro, TN, 37130, (O,ME,H)

7:00 PM Rutherford County Night Owls, First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129, (O,D) *Meeting will not meet on Monday June 17th, 2024.*

Nashville

NOON Out to Lunch Bunch, Belmont United Methodist Church (Outreach center at rear of church, downstairs), 2007 Acklen Ave, Nashville, TN, 37212, (O,NS) Free parking garage available behind Double Dogs restaurant (across 21st Ave)

7:00 PM Ghostbusters, Metropolitan Interdenominational Church, 2128 11th Ave. North, Nashville, TN, 37208, (O,D,BK)

7:30 PM Drop It Off, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211, (D)

MONDAY (CONT)

7:30 PM Mother Group, Westend United Methodist Church, Entrance around back by the dumpster, 2200 West End Avenue, Nashville, TN, 37203, (O,D,St,Tr,Spe)

NO DATA

NOON New Horizons Group, TN,

https://zoom.us/j/78980171559, Password: 123456 (O,D,H,VM)

8:30 PM Recovery First Virtual Monday, TN, 38501, https://us06web.zoom.us/j/89887732800?pwd=dba6uqyENNZ7dtHJEwnuiObbeZY5OX.1, Meeting ID: 898 8773 2800 Passcode: 680058 (VM)

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (C,D,NS,CW,H)

Oneida

7:00 PM Spiritual Awakening, Highway 27 Club, 17737 S Alberta St., Oneida, TN, 37841, (St)

Portland

7:00 PM PPP: Portland Primary Purpose, Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148, (O)

Richlands

6:00 PM Miracle Valley Fellowship, Full Gospel Temple, 333 Miracle Valley Rd, Richlands, VA, 24641, (O,LT,H,NT)

Rockford

6:30 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37917, (C,SG,St,NS,CW,H)

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,D,To,NS,AB,CW,H)

Savannah

8:00 PM Real Talk, 295 C. Wayne Rd, Savannah, TN, 38372, (C.D.)

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Smyrna

6:30 PM Promise Of Freedom, Suite 202, 433 Nissan Drive, Smyrna, TN, 37167, (C,LT)

Sparta

7:00 PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583, (LT)

Springfield

7:00 PM Living Amends, Palestine Methodist Church, Meeting is in fellowship hall on right side of church, 2715 Old Highway 431 S., Springfield, TN, 37172, (O)

Sweetwater

6:00 PM Serenity in Sweetwater, Sweetwater Hospital, Conference Room, next to Cafeteria, 304 Wright St, Sweetwater, TN, 37874, (O,NS,H)

Virtual

7:00 PM Sunshine Sisters in Recovery, Virtual, TN, https://zoom.us/j/87466347477, Pswd:458667 (RF,VM)

TUESDAY

Abingdon

8:00 PM A New Day, St. Thomas Episcopal Church, 124 East Main Street, Abingdon, VA, 24210, (O,BT,H,NT)

Bolivar

6:30 PM Fanning The Flame, Hardeman Baptist Assn, 755 Vildo Rd, Bolivar, TN, 38008, (C,D)

Chapel Hill

7:00 PM Get Honest Hour, Grove Hill Church, 5216 Nashville Hwy, Chapel Hill, TN, 37034, (C,D,H)

Chattanooga

7:00 PM 8:05 Women's Group, Ascension Lutheran Church, Women's Meeting, 720 South Germantown Road, Chattanooga, TN, 37412, (O,D,W,H)

7:00 PM Humble Hearts Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37411, (O)

7:30 PM Hope Not Dope, Focus Treatment Center, 7429 Shallowford Rd., Chattanooga, TN, 37421, (O,D,H)

Clarksville

7:00 PM 1 Is 2 Many Group, Cumberland Heights Addiction Treatment Center, 219 B Dunbar Cave Road Suite B, Clarksville, TN, 37043, (O,D,H)

8:00 PM Clean and Crazy Group, Trinity Episcopal Church, 217 Franklin Street, Clarksville, TN, 37040,

Cleveland

6:30 PM The Fix, Westwood Baptist Church, In portable B, at the backside of the building, 4001 Georgetown Road NW Cleveland TN 37312, Cleveland, TN, 37312, (O,Rr,H)

7:00 PM Turning Point Group, First United Methodist Church, 3425 North Ocoee Street, Cleveland, TN, 37312, (O,D)

Columbia

7:00 PM New Hope Group, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401, https://zoom.us/j/223673534

Cookeville

NOON Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

5:30 PM No Matter What, Cookeville Church of the Nazarene, Use the door located at the back of the building., 360 S. Old Kentucky Road, Cookeville, TN, 38501, (O,BT,IW,BK,LT,LC)

Cordova

7:00 PM Clarity, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018, (O,D,H)

Covington

7:00 PM G.I.F.T (Growing in Faith Today), 403 South Main Street, Covington, TN, 38019, (O,BT)

Crossville

NOON We Got Today Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (O,D,NS,H)

TUESDAY (CONT)

6:30 PM Came to Believe, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, 38571, (C,D,NS,LT,H)

Dickson

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

Dyersburg

7:00 PM Dyersburg NA, St. Mary's Parish Hall, 108 N. King Ave, Dyersburg, TN, 38024, (O,D)

Elizabethton

7:00 PM Recovering Spirituality, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643, (O,NS,LT,H)

Fayetteville

7:00 PM No Matter What Group, West End Baptist Church, 200 Morgan Ave N, Fayetteville, TN, 37334, (O,B,D,H)

Gallatin

7:00 PM TNC: The Next Chapter, Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066, (O)

Greeneville

NOON Literature Study Group, Asbury United Methodist Church, 2nd Floor, 201 S Main St, Greeneville, TN, 37743, (O,LT,NT)

7:00 PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743, (O,NT)

Hendersonville

7:00 PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075, (O)

Hohenwald

7:00 PM New Comers Group, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462, (D,LT)

Jefferson City

8:00 PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760, (O,D,H)

8:00 PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760, (O,D,H)

Johnson City

NOON Noon Day with Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,D,H,NT)

7:00 PM Nothing to Fear, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601, (O,D,H,NT)

Kingsport

7:00 PM A New Way of Life, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664, (O,H,NT)

Knoxville

NOON Reality Is Change, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (D)

TUESDAY (CONT)

12:30 PM Noon Thirty, Martin Chapel United Methodist, 1746 Ohio Ave, Knoxville, TN, 37921, (O,RF,NS,H)

5:30 PM VOL Group, St. John Lutheran Church, The meeting entrance is at the side door located on N Gay St. To get in, call the phone number posted on the door, 544 North Broadway St., Knoxville, TN, 37917, (O,D,NS)

7:00 PM Together We Can, North Acres Baptist Church, 5803 Millertown Pike, Knoxville, TN, 37924, (D)

7:30 PM Hugs Not Drugs, Emerald Ave. Methodist Church, Masks Required, 1629 N. Central St., Knoxville, TN, 37919, (C,CL,D,St,NS,H)

7:30 PM Primary Purpose, Faith Lutheran Church, 225 Jamestowne Blvd, Knoxville, TN, 37934, (O,D,To,NS)

8:00 PM Dopeless Hope Fiends 2, Max Purpose (meeting house 3), 1034 E. Woodland Ave., Knoxville, TN, 37917, (D)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,JT,NS,CW,H)

8:00 PM The Fix, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37902, (O,D)

LaFollette

7:00 PM Miracles In The Mountains, West End Community Center, 300 West Beech Street, LaFollette, TN, 37766, (C,NS)

La Vergne

6:30 PM Keeping Hope Alive, 185 Mason Circle, La Vergne, 37086,

Lawrenceburg

NOON Sharing and Caring, 212 Waterloo St, Lawrenceburg, TN, 38464, (O)

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (O)

Lewisburg

7:00 PM High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091, (D,BK,H) *Book Study*

Lexington

7:00 PM New Beginnings, Henderson County Multiplex, 340 Natchez Trace Dr, Lexington, TN, 38351, (O,D)

Madison

NOON Sweet Surrender, City Roads Chapel United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115,

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/j/190038870 (HY)

7:30 PM Masq Off Recovery LGBT Plus - All Are Welcome, City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115, (CL,LGBT,LT)

McMinnville

7:00 PM Recovery Is Possible, Temple Baptist Church (Meeting meets in the basement), 34 Oak Tree Drive, McMinnville, TN, 37110, (C,O,D,LT,H)

Memphis

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,NS)

6:00 PM Never Alone, 2nd Baptist Church, Enter below the breezeway across from the gym on the right, buzz the keypad to gain entry or use code 2176# on the keypad, 4680 Walnut Grove Rd Room 118, Memphis, TN, 38120, (D,RF,To,LT)

7:00 PM Unity(New Location), Washington Chapel CME Church, 68 E Mitchell Rd, Memphis, TN, 38109, (O,RF)

Murfreesboro

NOON Recovery at Noon, Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130, (O)

6:00 PM By The Book, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130, https://zoom.us/j/6152072530 (C,D,LT,H,HY)

6:45 PM Underground Recovery Men's Meeting, Central Christian Church, 404 East Main St, Murfreesboro, TN, 37130, (M,BK)

Nashville

11:30 AM Midday Miracles, Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208, (O,D)

5:30 PM Happy Hour, Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212, (O)

7:00 PM Open Arms, Behind Swetts, 2804 Torbett Street, Nashville, TN, 37209,

7:00 PM THE SPOT (Spiritual Principle of Today), Connection UMC, AS OF MARCH 2025 Enter the main church entrance by the columns, 2846 Lebanon Pike, Nashville, TN, 37214, (O,D,LT,SP)

7:30 PM Drop It Off, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211, (LT)

7:30 PM The M&M Meeting (Mindfulness and Meditation), Woodland Presbyterian Church (use Gartland Avenue entrance, diagonal from Calypso Cafe, plenty of free parking located behind the church, enter parking lot off Gartland Avenue), 211 N. 11th Street, Nashville, TN, 37206, (JT,ME) No longer a men's only meeting - all are welcome

NO DATA

NOON New Horizons Group, TN,

https://zoom.us/j/78980171559, Password: 123456 (O,VM)

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (C,O,D,NS,CW,H)

Old Hickory

7:00 PM Serenity Sisters, Outreach Miistries International, 101 Scenic View Rd, Old Hickory, TN, 37138, (W)

Olive Branch

5:30 PM Welcome Home, 3711 Pleasant Hill Road, Olive Branch, MS, 38654, (O,C,BT,BK)

Paris

8:30 AM Free Spirit, Westwood Pentecostal Church of God, 1788 West Wood St, Paris, TN, 38242, (O,D)

Portland

7:00 PM PPP: Portland Primary Purpose, Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148, (O)

Pulaski

7:00 PM Process of Progress, First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478,

Rockford

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,D,M,NS,CW,H)

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,D,W,NS,CW,H)

Savannah

8:00 PM Real Talk, 295 C. Wayne Rd, Savannah, TN, 38372, (O,D)

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Tullahoma

6:00 PM The Next Step, Serenity House, 313 N. Collins St., Tullahoma, TN, 37388, (O,D,H)

Union City

6:30 PM Free Spirit, First Christian Church, 603 S. 2nd St., Union City, TN, 38261, (O,D)

Westmoreland

7:00 PM Hope Not Dope, Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186, (O,E)

WEDNESDAY

Athens

7:00 PM Not Fade Away, Allen Memorial United Methodist Church, Bottom parking lot in rear of church, 800 Decatur Pike, Athens, TN, 37303, (O,D,W)

Chattanooga

NOON New Horizons Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37343, https://goog.us/i/78080171550, Pageword, 132456 (O.D.H.H.)

https://zoom.us/j/78980171559, Password: 123456 (O,D,H,HY)

7:00 PM Atmosphere of Recovery Group, St. Peter's Episcopal Church, 848 Ashland Terrace, Chattanooga, TN, 37415, (O,LT)

7:30 PM Someone Believes in Me Group, Crosspath Church, 4201 Ringgold Rd, Chattanooga, TN, 37412, (O,D,H)

Clarksville

7:30 PM Solutions Group, St. B United Methodist Church, 2201 Old Russellville Pike, Clarksville, TN, 37043, (O,D,H)

Cleveland

7:00 PM K.I.S.S. Keep It Simple and Spiritual Group, ODAAT Clubhouse, 255 Broad Street SW, Cleveland, TN, 37311, (O,D,H)

Cookeville

NOON Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

Crossville

6:30 PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (C,D,NS,LT,H)

Dandridge

8:00 PM Easy Does It, First United Methodist Church, Rear parking lot, 121 E. Meeting St, Dandridge, TN, 37725, (O,H,SPAD)

Decherd

7:00 PM Decherd Surrender, Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324, (CL)

Dickson

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055.

Forrest City

6:00 PM Daily Reprieve, Episcopal Church, 400 Hill Street, Forrest City, AR, 72335, (O,D,NS,MR)

Hermitage

7:30 PM Another Choice, Hermitage United Methodist Church, 205 Belinda Drive, Hermitage, TN, 37076, https://zoom.us/j/676406555, Serenity (VM) *Meeting ID: 676 406 555: Password: Serenity*

Jackson

8:00 PM Sowing the Seed, REBOS, 2053A Hollywood Dr, Jackson, TN, 38305, (O,D)

Jasper

6:30 PM Life After Drugs, Recovery center bldg, 300 Cornerstone Drive, Jasper, TN, 37347, (O,D,H) *Meeting time is Central (7:30 p.m. EST)*

Johnson City

8:00 AM Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,D,ME,H,NT)

7:00 PM End of the Road, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604, (O,CL,H,SP,NT)

Knoxville

12:30 PM Noon Thirty, Martin Chapel United Methodist, NA entrance is lower door facing parking lot, 1746 Ohio Ave, Knoxville, TN, 37921, (O,RF,NS,H)

5:30 PM VOL Group, St. John Lutheran Church, The meeting entrance is at the side door located on N Gay St. To get in, call the phone number posted on the door, 544 North Broadway St., Knoxville, TN, 37917, (O,D,NS)

WEDNESDAY (CONT)

6:00 PM The Gentlemen's Club, The Gateway, Men's Meeting, 530 W Fifth Ave, Knoxville, TN, 37917, (C,BT,M,BK)

7:00 PM No More Excuses, Washington Pike Church, 1700 Washington Pike, Knoxville, TN, 37917, (O,D)

7:30 PM Point of Freedom, Middlebrook Pike United Methodist Church, 7234 Middlebrook Pike, Knoxville, TN, 37909, (D,St)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,IT,RF,BK,NS,CW,H)

8:00 PM The Fix, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37902, (O,JT)

Lafayette

6:00 PM Surrender To Win, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083, (O)

Lafollette

7:00 PM Hope, 300 W Beech, Lafollette, TN, 37766, https://zoom.us/j/83375556843?from=join#success, Pswd: Serenity (C,NS,VM)

Lawrenceburg

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (O)

Lebanon

NOON Primary Purpose, Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37087, (O,D)

Madison

7:00 AM Early Birds, Madison, TN, 37115, https://zoom.us/j/420013090?pwd=L1A3VIIBemZ1SU1GcXZYRUVueWFjUT09, Zoom Password: earlybird (D,LT,VM)

NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115,

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/j/190038870 (HY)

Memphis

10:30 AM Positive Awareness, Believing Church, 4798 Summer Ave, Memphis, TN, 38122, (O,D,NS)

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,Tr,NS)

7:00 PM Desire, Trinity United Methodist Church, Enter in Rear, then downstairs, 1738 Galloway, Memphis, TN, 38112, (O,CL,D)

Milan

7:00 PM Clean & Serene, Milan Lodge 191, 1099 East Van Hook St, Milan, TN, 38358, (O,D)

Murfreesboro

NOON Spiritual Solutions, Cumberland Heights IOP Facility, 745 S. Church St, Ste 501, Murfreesboro, TN, 37130, (C,D,H,SP)

6:00 PM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130, (C,D,H,SP)

6:45 PM Underground Recovery, The Central Christian Church, 404 E Main St, Murfreesboro, TN, 37130, , 16155846808 (RF)

Nashville

NOON Out to Lunch Bunch, Belmont United Methodist Church (Outreach center at rear of church, downstairs), NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212, (LT) Free parking garage available behind Double Dogs restaurant (across 21st Ave)

7:00 PM Spirit, Meeting ID# 873-7223-2477; Passcode 121212; Phone users use *6 to mute/unmute, Nashville, TN, 37208, https://us04web.zoom.us/j/87372232477, Password: 121212, 312-626-6799 (VM)

7:30 PM Easy Does It, 1215 Gallatin Ave, Nashville, TN, 37206, NEW TEMPORARY LOCATION DUE TO TORNADO

7:30 PM Fan The Flame, Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209, (O)

7:30 PM Step by Step, Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204,

https://zoom.us/j/801855121?pwd=aUh3Mi9vVVpycVZmRjRiKzg3TUNTQT09 Business meeting is 6:15pm on Zoom Wednesday before Area meeting. Zoom ID: 801 855 121 Pw: 123456 Link:

https://zoom.us/j/801855121?pwd = aUh3Mi9vVVpycVZmRjRiKzg3TUNTQT09

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (O,D,NS,H)

Old Hickory

7:00 PM Spiritual Awakening, The Pulse Building, 101 Scenic View Road, Old Hickory, TN, 37076, (0) *Follow signs to enter through the black door on the side of the building.*

Rockford

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,IW,BK,NS,CW,LT,H)

Shelbyville

7:30 PM Keep It Real Group (Zoom Only), Shelbyville, TN, 37160, https://us06web.zoom.us/j/8511124561?pwd=TE9FdkoycDlyVTJDUUwyWTRreE42UT09, Meeting ID: 8511124561 PW: keepitreal (O,VM)

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Sparta

7:00 PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583, (O,CL,D)

9:00 PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583, (O,CL,D)

THURSDAY

Abingdon

8:00 PM A New Day, St. Thomas Episcopal Church, 124 East Main St., Abingdon, VA, 24210, (O,D,H,NT)

llcoa

6:00 PM Something More Than Free, Green Meadow United Methodist, 1633 Louisville Rd, Alcoa, TN, 37701, (C,D)

Athens

7:00 PM Athens Serenity Group, St. Paul Episcopal Church, 123 South Jackson St, Athens, TN, 37303, (O,D)

THURSDAY (CONT)

7:00 PM Athens Serenity Group, St. Paul's Episcopal Church, 123 South Jackson St., Athens, TN, 37303, (D)

Bolivar

6:30 PM Fanning the Flame, Hardeman Baptist Assn, 755 Vildo Rd, Bolivar, TN, 38008, (C,JT)

Camden

7:00 PM Miracles Happen, Camden Library, Basement, 121 S Forrest Ave, Camden, TN, 38320, (O)

Centerville

7:00 PM Imagine the Freedom Group, Centerville United Methodist Church, 103 College Avenue, Centerville, TN, 37033, (D,LT,Spe)

Charleston

7:00 PM The Black Sheep, Charleston City Hall, 9017 Hiwassee St, Charleston, TN, 37310, (O)

Chattanooga

NOON New Horizons Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37343, https://zoom.us/i/78980171559, Password:123456 (O,H,HY)

6:45 PM Getting Real Group, Iron Workers Labor union, 1st and 4th week Lit Study - 2nd Speaker - 3rd Step Writing, 2715 Belle Arbor Ave., Chattanooga, TN, 37406, (O,RF,LT,Spe,SW)

7:30 PM From the Ashes Group, St. Peter's Episcopal Church (Last Thursday of the month is a Basic Text Study), 848 Ashland Terrace, Chattanooga, TN, 37415, (O,CL,LT)

8:00 PM Today There's Hope Group, Grace Episcopal Church, 20 Belvoir Ave., Chattanooga, TN, 37411, (O,LT,H)

Clarksville

NOON Life on Life's Terms, Christ Lutheran Church, 2425 Kirkwood Rd, Clarksville, TN, 37043, (D)

7:30 PM Solutions Group, St. B United Methodist Church, 2201 Old Russellville Pike, Clarksville, TN, 37043, (O,D,LT,H)

Cleveland

7:00 PM Turning Point Group, First United Methodist Church, 3425 North Ocoee Street, Cleveland, TN, 37312, (O,D,To,AB,LC)

Clinton

7:00 PM Freeway Group, Sinking Springs United Methodist Church, in the basement, 108 Bland Road, Clinton, TN, 37716, (D)

Columbia

7:00 PM New Hope Group, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401, https://zoom.us/j/223673534

Cookeville

NOON Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

7:00 PM Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

Cordova

7:00 PM Clarity, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018, (O,D,H)

Crossville

NOON We Got Today Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555. (C.D.St.NS.H)

6:30 PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (O,D,NS,H)

Dickson

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055, (LT)

Dowelltown

7:00 PM The Acheivers Of NA, City Hal, 141 Church St., Dowelltown, TN, 37059, (O,D) *Meets the 1st and 3rd Thursday of each month*

7:00 PM The Achievers of NA, City Hall, 141 Church Street, Dowelltown, TN, 37059, (O) *This meeting is only on the 1st and 3rd Thursday of every month*

Franklin

7:00 PM Family is Forever, Franklin First United Methodist Church, Use South B Entrance ground level next to dumpsters on south side of church. First room on left (B136) after entering door. If outside door locked, please knock and someone will let you in., 120 Aldersgate Way, Franklin, TN, 37069, (D)

Greeneville

7:00 PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743, (O,D,NT)

Hendersonville

7:00 PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075, (O)

Hohenwald

7:00 PM New Comers Group, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462, (D,LT)

Jackson

6:30 PM Never Alone, Lambuth UMC, 160 Campbell St., Jackson, TN, 38301, (BK)

Jefferson City

8:00 PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760, (O,BT,BK,H)

8:00 PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760, (O,BK,H)

Johnson City

NOON Noon Day with Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,D,H,NT)

7:00 PM Nothing to Fear, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601, (O,LT,H,NT)

Kingsport

NOON A New Way of Life, Prospect Center, 1425 East Center St, Kingsport, TN, 37664, (O,D,H,NT)

Knoxville

NOON Reality Is Change, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (D)

12:30 PM Noon Thirty, Martin Chapel United Methodist, NA entrance lower door facing parking lot, 1746 Ohio Ave, Knoxville, TN, 37921, (O,RF,NS,H)

5:30 PM VOL Group, St. John Lutheran Church, The meeting entrance is at the side door located on N Gay St. To get in, call the phone number posted on the door, 544 North Broadway St., Knoxville, TN, 37917, (O,D,NS)

6:00 PM 5th Ave Serenity Sisters, The Gateway (women only), 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,St,W,BK,NS,CW,LT,H)

6:00 PM Thankful Thursdays, Project Transition, 8904 Crosspark dr suite B, Knoxville, TN, 37923, (C)

7:30 PM H.O.P.E., Knoxville, TN, 37902, https://zoom.us/j/8337556843?from=join#success, Zoom ID: 833 755 6843 Password: Serenity (O,B,D,VM)

7:30 PM Hugs Not Drugs, Emerald Ave. Methodist Church, Masks Required, 1629 N. Central St., Knoxville, TN, 37919, (C,CL,D,St,NS)

7:30 PM Primary Purpose, Faith Lutheran Church, 225 Jamestowne Blvd, Knoxville, TN, 37934, (O,CL,NS,SP)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,JT,NS,CW,H)

8:00 PM The Fix, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37902, (O,St)

KNOXVILLE

7:30 PM HOPE ON THURSDAY, Thursday meeting #1 - inperson at St. John's Cathedral, Free Parking entrance on Church St. in White Striped Spaces in lot next to Church. Entrance downstairs on Walnut St, 413 Cumberland Ave, KNOXVILLE, TN, 37902, (O,BT,RF,Spe)

Lafollette

7:00 PM Miracles In The Mountains, West End Community Center, 300 W Beech, Lafollette, TN, 37766, (C,NS)

Lawrenceburg

NOON Sharing and Caring, 212 Waterloo St, Lawrenceburg, TN, 38464, (O)

Layfatte

7:00 PM Knights to Recovery, Hartsville United Methodist Church, 224 River Street, Layfatte, TN, 37074, (O)

Lexington

7:00 PM New Beginnings, Henderson County Multiplex, 340 Natchez Trace Dr, Lexington, TN, 38351, (BK)

Loretto

7:00 PM We Are Set Free Group, 213 West Commerce St, Loretto, TN, 38469,

Madison

NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115,

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/j/190038870 (HY)

THURSDAY (CONT)

7:30 PM We've Had Enough, Ascension Lutheran Church, 610 West Old Hickory Blvd, Madison, TN, 37115, (O,D,H)

Manchester

7:00 PM Pathway To Progress, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355, (O,D,H)

McMinnville

7:00 PM Recovery Is Possible, Temple Baptist Church (Meeting meets in basement), 34 Oak Tree Drive, McMinnville, TN, 37110, (O,D,H)

Memphis

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,NS)

8:30 PM High on Life, Meets in Elementary Room, 4798 Summer Ave, Memphis, TN, 38122, (O,To,NS)

Morristown

7:00 PM Carry The Message, All Saints Episcopal Church, Meeting is through back door, 601 W Main St, Morristown, TN, 37814, (O,IW,LT,H)

7:00 PM Carry The Message, All Saints Episcopal Church (Use back door), 601 W Main Street, Morristown, TN, 37814, (D)

Munford

7:00 PM Harmony, 120 Quinton Drive, Munford, TN, 38058, (O.NS)

Murfreesboro

6:00 PM By the Book, 2022 E Main St, Murfreesboro, TN, 37130, https://zoom.us/i/6152072530 (C,St,Tr,CP,LT,H,HY)

6:45 PM Never Alone, Central Christian Church, 404 East Main Street, Murfreesboro, TN. 37130, (O,D)

7:00 PM Rutherford County Night Owls, First United Methodist Church, Meeting is held upstairs 2nd floor. Eating meeting on the 3rd Thursday of each month., 265 W Thompson Ln, Murfreesboro, TN, 37129, (O,D)

Nashville

11:30 AM Midday Miracles, Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208, (O,D)

4:30 PM Freedom and Goodwill, Nashville, TN, 37207, , Zoom ID: 811 6694 1453; Password is 22 (VM)

7:00 PM For Addicts Only, Highland Park Church, 5710 Knob Rd., Nashville, TN, 37209, (C)

7:00 PM New Freedom Fighters, Salvation Army, 1st & 3rd Thursdays are Men's Meetings., 631 Dickerson Road, Nashville, TN, 37027, (D)

7:30 PM Drop It Off, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211, (D)

7:30 PM New, New Horizons, Ebeneezer Missionary Baptist Church, 2624 Morena Street, Nashville, TN, 37208, (D,St)

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (C,BT,NS,CW,H)

Olive Branch

5:30 PM Welcome Home, 3711 Pleasant Hill Road, Olive Branch, MS, 38654, (C,D,NS)

Oneida

7:00 PM Spiritual Awakening Group, First Oneida United Methodist Church, 17737 S Alberta St, Oneida, TN, 37841, (C,D)

8:30 AM Free Spirit, Westwood Pentacostal Church of God, 1788 West Wood St, Paris, TN, 38242, (O,D,NS)

Portland

7:00 PM PPP: Portland Primary Purpose, Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148, (O)

7:00 PM Portland Primary Purpose, 703 South Broadway Street, Portland, TN, 37148,

Rockford

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (O,NS,CW,H,Spe)

Rogersville

7:00 PM Right Foot Forward, Rogersville Presbyterian Church, 309 West Kyle St, Rogersville, TN, 37857, (O,CW)

7:00 PM Right Foot Forward, Rogersville Presbyterian Church, 309 West Kyle Street, Rogersville, TN, 37857, (C,D,NS)

Savannah

8:00 PM Real Talk, 269 Wayne Rd, Savannah, TN, 38372, (O,Spe)

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S. Congress Blvd, Smithville, TN, 37166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Union City

6:30 PM Free Spirit, First Christian Church, 603 S 2ND ST, Union City, TN, 38261, (O,D)

Westmoreland

7:00 PM Hope Not Dope, Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186, (O,E)

FRIDAY

Bolivar

7:00 PM Fanning the Flame, Hardeman Baptist Assoc., 755 Vildo Road, Bolivar, TN, 38008,

Bristol

7:00 PM Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620, (O,H,NT)

Chattanooga

NOON New Horizons Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37343,

https://zoom.us/j/78980171559, Password: 123456 (O,D,H,HY)

6:30 PM Connect Within, Unitarian Universalist Church, Left Side of Bldg, Last room, Forum room, 3224 Navajo Drive, Chattanooga, TN, 37411, (O,ME,H)

FRIDAY (CONT)

7:00 PM No Matter What Group, First Church of Nazarene, 5455 North Terrace, Chattanooga, TN, 37421, (O,D,H)

7:30 PM Spiritual Sisters Group (Women's From The Ashes Group), North Minister Presbyterian Church, 4791 Hal Drive, Chattanooga, TN, 37416, (O,D,W,H)

8:05 PM 8:05 Group, Ascension Lutheran Church, First of every month is a speaker meeting, 720 South Germantown Road, Chattanooga, TN, 37412, (O,D,H)

Clarksville

7:00 PM New Ambitions Group, First Christian Church, 516 Madison, Clarksville, TN, 37040, (O,D)

Cleveland

7:00 PM Turning Point Group, First United Methodist Church, 3425 North Ocoee Street, Cleveland, TN, 37312, (O,CL,D)

Columbia

7:00 PM Breaking Free, Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401, (0)

Cookeville

NOON Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,NS)

Crossville

6:30 PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (O,D,NS,LT,H,Spe)

Dayton

7:30 PM Spiritual Conditions Group, Mountain View United Methodist Church,, Every 3rd Friday of the month is a Speaker Meeting, 124 Shasta Ave, Dayton, TN, 37367, (O,D)

Dickson

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

Dyersburg

7:00 PM Dyersburg NA, St. Mary's Parish Hall, 108 N. King Ave, Dyersburg, TN, 38024, (O,D)

Elizabethton

7:00 PM Recovering Spirituality, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643, (O,D,NS,H)

Erin

7:30 PM Houston County Group, First Assembly of God, 700 Arlington St, Erin, TN, 37061,

Ft. Oglethorpe

8:00 PM Open Arms Group, Church of the Nativity (Every 2nd Friday is a Speaker Meeting), 1201 Cross St., Ft. Oglethorpe, GA, 30742, , (O,LT,H)

Gallatin

7:00 PM BTC: Breaking the Chains, First United Methodist Church, Meeting held in rear by the gym, 149 West Main St, Gallatin, TN, 37066, (O,CL)

Hendersonville

7:00 PM Home Sweet Home, First Presbyterian Church of Hendersonville, 172 West Main St, Hendersonville, TN, 37075, (O)

Hohenwald

7:00 PM New Comers Group, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462, (D,LT)

Jackson

6:30 PM Never Alone, Lambeth UMC, 160 Campbell St, Jackson, TN, 38305, (O,D)

Jasper

6:30 PM Life After Drugs, Recovery Center Bldg, 300 Cornerstone Drive, Jasper, TN, 37347, (O,D,H) *Meeting time is Central (7:30 p.m. EST)*

Johnson City

8:00 AM Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,D,ME,H,NT)

5:30 PM Friends of Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,H,NT,LC)

7:00 PM Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604, (O,CL,LT,H,NT) *Meeting entrance in rear of church, park inside gated lot*

Knoxville

NOON Reality Is Change, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (D)

12:30 PM Noon Thirty, Martin Chapel United Methodist, NA entrance lower door facing parking lot, 1746 Ohio Ave, Knoxville, TN 37921, Knoxville, TN, 37921, (O,RF,NS,H)

1:00 PM Show Up 2 Grow Up, Flatiron, 710 Maryville Pike, Knoxville, TN, 37902, (BK)

5:30 PM VOL Group, St. John Lutheran Church, The meeting entrance is at the side door located on N Gay St. To get in, call the phone number posted on the door, 544 North Broadway St., Knoxville, TN, 37917, (O,D,NS)

7:00 PM Primary Purpose, Faith Lutheran Church, 225 Jamestowne Blvd, Knoxville, TN, 37934, (O,D,M,To,W,NS)

7:00 PM Thank God for New Beginnings, Fountain City Church, Mask Required, 2801 Holbrook Dr., Knoxville, TN, 37918, (O,D,MR)

7:30 PM Solutions R Us, Northside Christian Church, 4008 Tazewell Pike, Knoxville, TN, 37918, (O,NS,CW,H,LC)

8:00 PM Dopeless Hope Fiends 2, Max Purpose (meeting house 3), 1034 E. Woodland Ave., Knoxville, TN, 37917, (D)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,JT,NS,CW,H)

8:00 PM The Fix, Flat Iron, 710 Maryville Pike, Knoxville, TN, 37902, (O,B)

10:00 PM Nightshift, FlatIron V, 710 Maryville Pike, Knoxville, TN, 37920, (C,CL,D,H)

LaFollette

7:00 PM Miracles In The Mountains, West End Community Center, 300 West Beech Street, LaFollette, TN, 37766, (C,NS)

Lawrenceburg

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (O)

Lenoir City

5:30 PM Bridges, First Church of the Nazarene, Office and gymnasium building - no cigarette butts on the ground please, 111 Sharp Drive, Lenoir City, TN, 37771, (O,D,NS,CW,H,NT)

Livingston

7:00 PM Livingston NA Group, Millard Oakley Public Library, 107 E Main St., Livingston, TN, 38570, (O,D,NS,H)

Madison

7:00 AM Early Birds, Madison, TN, 37115, https://zoom.us/j/420013090?pwd=L1A3VIIBemZ1SU1GcXZYRUVueWFjUT09, Zoom Password: earlybird (D,LT,VM)

NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115,

6:45 PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115, https://us04web.zoom.us/i/190038870 (HY)

7:30 PM Masq Off Recovery LGBT Plus - All Are Welcome, City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115, (CL,LGBT,LT)

Memphis

10:30 AM Positive Awareness, Believing Church, 4798 Summer Ave, Memphis, TN, 38122, (O,D,NS)

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,NS)

5:30 PM HopeNworks, HopeNWorks, 3337 Summer Ave, Memphis, TN, 37122, (D,To,H)

7:00 PM Keep it Green, Trinity United Methodist Church, Left Entrance in Rear, then downstairs., 1738 Galloway, Memphis, TN, 38112, (D,To)

7:00 PM Spiritual Awakenings, Colonial Park United Methodist, Meets in the church. Enter on Estate side and turn right to the room with large table., 5330 Park Ave, Memphis, TN, 38119, (O,BT,NS)

10:00 PM Meeting after the Meeting (Virtual), Memphis, TN, 38104, https://zoom.us/j/641364382, PW: 42, 1-312-626-6799,,641364382# (C,D,NS,LC,VM)

Milan

7:00 PM Clean & Serene, Milan Lodge 191, 1099 East Van Hook St., Milan, TN, 38358, (O,D)

Murfreesboro

6:00 PM Underground Recovery Womens Meeting, Central Christian Church, 404 E. Main St, Murfreesboro, TN, 37130, (O,D,W)

7:00 PM Rutherford County Night Owls, First United Methodist Church, 265 W Thompson Ln, Murfreesboro, TN, 37129, (O,D)

Nashville

NOON Out to Lunch Bunch, Belmont United Methodist Church (Outreach center at rear of church, downstairs), NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212, Free parking garage available behind Double Dogs restaurant (across 21st Ave)

5:30 PM Happy Hour, Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212, (O)

7:30 PM Drop It Off, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211, (D)

7:30 PM Easy Does It, 1215 Gallatin Ave, Nashville, TN, 37206, NEW TEMPORARY LOCATION DUE TO TORNADO

7:30 PM Moon Dogs, Home Church, 3511 Gallatin Pike, Nashville, TN, 37216, (D) *No smoking or vaping on Church property. Must walk to street There will be no coffee until further notice*

7:30 PM Step by Step, Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204,

Newport

7:00 PM Recovery is a Journey, Newport Church of God, Metal building behind church on Graham St., 407 Old Knoxville Hwy, Newport, TN, 37821, (O,D,H,NT)

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (C,D,NS,CW,H)

Olive Branch

7:00 PM Welcome Home - Parkwood, Parkwood Hospital, 8135 Goodman Rd, Olive Branch, MS, 38654, (O,D,H)

Oneida

7:00 PM Spiritual Awakening, Highway 27 Club, 17737 S Alberta St., Oneida, TN, 37841, (C,D)

Paris

6:30 PM Free Spirit, Westwood Pentacostal Church of God, 1788 West Wood St, Paris, TN, 38242, (O,D,NS)

Parsons

7:00 PM More Will Be Revealed, 1st Methodist Church, 49 East 3rd St, Parsons, TN, 38363, (O,D,BK,Spe)

Rockford

8:00 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,BT,D,NS,CW,LT,H)

Shelbyville

7:00 PM Keep it Real, Fairlane Church of Christ (Last Friday of the month is an eat and speak meeting), 101 Dow Drive, Shelbyville, TN, 37160, (O,D) *Annex building*

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Smyrna

6:30 PM Finding a New Way to Live, 431 Nissan Drive Suite 202, Smyrna, TN, 37167, (O,D)

Sparta

7:00 PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583, (O,CL,D)

Sweetwater

6:00 PM Serenity in Sweetwater, Sweetwater Hospital, Conference Room, next to Cafeteria, 304 Wright St, Sweetwater, TN, 37874, (O,NS,H)

Tullahoma

6:00 PM The Next Step, Serenity House, 313 Collins St., Tullahoma, TN, 37388, (O,D,H)

SATURDAY

Abingdon

8:00 PM A New Day, St. Thomas Epicopal Church, 124 East Main Street, Abingdon, VA, 24210, (O,H,NT)

Bolivar

10:00 AM Fanning the Flame, Hardeman Baptist Assn, 755 Vildo Rd, Bolivar, TN, 38008, (C,D)

Brentwood

7:30 PM Saturday Night Live, Otter Creek Church of Christ, 409 Franklin Rd, Enter on left side of building., Brentwood, TN, 37027, https://zoom.us/j/180761410, Zoom ID: 180-761-410; Zoom password: snlrocks (HY)

Bristol

NOON Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620, (O,D,H,NT)

Camden

7:00 PM Miracles Happen, Camden Library, Basement, 121 S Forrest Ave, Camden, TN, 38320, (O,H)

Chattanooga

NOON New Horizons Group, First Church of the Nazarene, 5455 North Terrace, Chattanooga, TN, 37343, https://zoom.us/i/78980171559, Password:123456 (O,D,H,HY)

7:00 PM Someone Believes in Me Group, East Brainerd Club, 8115 E Brainerd Road, Chattanooga, TN, 37421, (O,D,H)

8:00 PM From The Ashes, Northminister Presbyterian, 4791 Hal Dr., Chattanooga, TN, 37416, (O,H,SW)

8:05 PM 8:05 Group, Ascension Lutheran Church, 720 South Germantown Road, Chattanooga, TN, 37412, (O,To,H)

Clarksville

9:00 AM Saturday Morning Live, Cumberland Heights Addiction Treatment Center, 219 B Dunbar Cave Road Suite B, Clarksville, TN, 37043,

6:00 PM Solutions Group, St. B United Methodist Church, 2201 Old Russellville Pike, Clarksville, TN, 37043, (O,D,H)

10:00 PM Solutions Group, St. B United Methodist Church, 2201 Old Russellville Pike, Clarksville, TN, (RF)

Cleveland

7:00 PM The Fix Group, Westwood Baptist Church, In portable B, at the backside of the building, 4001 Georgetown Road NW, Cleveland, TN, 37312, (O,D,H)

Columbia

7:00 PM New Hope Group, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401, https://zoom.us/i/223673534

Cookeville

10:00 AM Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (NS,LC)

7:00 PM Recovery First, St. Michael's Episcopal Church, 640 N Washington Ave, Cookeville, TN, 38501, (O,D,NS)

Cookevillet

5:00 PM Legacy of Hope, Sycamore Church of Christ, 1144 Crescent Drive, Cookevillet, TN, 38501, (O,D,NS)

Crossville

6:30 PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past Rural King on left, 2229 West Ave., Crossville, TN, 38555, (O,CL,D,NS,H)

Decherd

7:00 PM Decherd Surrender, Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324, (O,To)

Dickson

10:30 AM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

5:00 PM Women's Road to Recovery, St. James Episcopal Church, 205 Church St, Dickson, TN, 37055, (W,CC)

6:00 PM Speaking of Recovery, Saint James Episcopal Church, 205 Church St, Dickson, TN, 37055,

6:00 PM The Recovery Plug, Pomona Baptist Chruch Gym, Located in gym behind church. Handicap accessible, 974 Pomona Road, Dickson, TN, 37055, (O,D) *Come see The Recovery Plug for your NA fix!*

6:30 PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055,

Dover

7:00 PM Give Us This Day, Stewart County Senior Center, 111 General Rice Steet, Dover, TN, 37068, (D)

Gallatin

7:00 PM TNC: The Next Chapter, Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066, (O)

Hendersonville

6:00 PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075, (O)

Hohenwald

7:00 PM New Comers Group, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462, (D,LT)

Horn Lake

5:00 PM New Beginnings II, 1953 Sartain, Horn Lake, MS, 38637, (O,D)

Jackson

9:00 PM Sowing the Seed, REBOS, 2053A Hollywood Dr, Jackson, TN, 38305, (O,CL,D)

Johnson City

NOON Friends of Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601, (O,BT,H.NT)

7:00 PM Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604, (O,To,H,NT) *Meeting* entrance in rear of church, park inside gated lot

Kingsport

7:00 PM A New Way of Life, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664, (O,H,NT)

Knoxville

12:30 PM Noon Thirty, Martin Chapel United Methodist, NA entrance lower door facing parking lot, 1746 Ohio Ave, Knoxville, TN, 37921, (O,RF,NS,H)

7:30 PM Hugs Not Drugs Candlelight Meeting, Emerald Ave Methodist Church, 1629 N Central St, Knoxville, TN, 37919, (C,CL,D,St,NS,LT)

8:00 PM Hope N da hood, The Gateway, 530 W Fifth Ave, Knoxville, TN, 37917, (O,D,JT,NS,CW,H)

8:00 PM The Fix, Flat Iron, ** ONLY 2nd & 4th SATURDAYS!, 710 Maryville Pike, Knoxville, TN, 37902, (O,D)

Lafayette

NOON Surrender To Win, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083, (O)

Lafollette

10:00 AM Miracles In The Mountains, West End Community Center, 300 W Beech, Lafollette, TN, 37766, (C,NS)

7:00 PM Miracles In The Mountains, West End Community Center, 300 W Beech, Lafollette, TN, 37766, (C,NS)

Lawrenceburg

7:00 PM Sharing and Caring, 140 Jackson St, Lawrenceburg, TN, 38464, (O)

Lewisburg

7:00 PM High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091, (C,CL,D,H) *Book Study*

Lexington

7:00 PM New Beginnings, Henderson County Mulitplex, Aspel Room, 340 Natchez Trace Dr, Lexington, TN, 38351, (C,D)

Madison

NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115,

5:00 PM Five Alive, Serenity House, Back Meeting Room, 102 Harris St, Madison, TN, 37115, (O,D,H)

Manchester

7:00 PM Pathway To Progress, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355, (O,D,H)

Memphis

NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112, (O,D,NS)

8:00 PM Clean A.I.R., 390 S Yates, Memphis, TN, 38120, https://zoom.us/j/657640780, Zoom PW: cleanair, 1-312-626-6799,,657640780# (O,D,NS,HY)

10:00 PM Meeting after the Meeting (Virtual), Memphis, TN, 38104, https://zoom.us/j/641364382, PW: 42, 1-312-626-6799,,641364382# (C,D,NS,LC,VM)

Morristown

7:00 PM Carry The Message, All Saints Episcopal Church, Meeting is through back door, 601 W Main St, Morristown, TN, 37814, (O,H)

7:00 PM Carry The Message, All Saints Episcopal Church (Use back door), 601 W Main Street, Morristown, TN, 37814, (D)

Murfreesboro

9:00 AM Never Alone, Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130, (O,D)

6:00 PM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130, (C,D,H,SP)

7:30 PM Rutherford County Night Owls, First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129, (O,D)

Nashville

6:00 PM Women of Hope (Women only please), Inglewood United Methodist Church, 3511 Gallatin Pike, Nashville, TN, 37216, (C,B,D,W)

7:00 PM Saturday Sundowners, Emmanuel Missionary Baptist Church, 934 43rd Ave N, Nashville, TN, 37209,

7:30 PM Drop It Off, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211, (D)

NO DATA

10:00 PM Up Or Down, Suburban Club, Main Meeting Room, 1st Saturday of Each month Candlelight Meeting, 2002 E Main St, TN, 37404, (O,D,LGBT,H) *No meeting on Oct. 26th*

Oak Ridge

7:00 PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830, (C,CL,D,NS,CW,H)

Oneida

7:00 PM Spiritual Awakening, Highway 27 Club, 17737 S Alberta St., Oneida, TN, 37841, (LT)

Rockford

NOON Little River Group, Arock Inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (O,D,JT,NS,CW,H,SP)

8:30 PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853, (C,CL,D,JT,NS,CW,H)

Rockwood

7:30 PM Clean and Serene, First Christian Church, 328 W. Rockwood St, Rockwood, TN, 37854, (O,B,BT,D,RF,LT,H,Spe)

Rogersville

7:00 PM Hawkins County Hope Dealers, Veterans Center of East Tennessee, 105 W. McKinney Av, Rogersville, TN, 37857, (O,D,NT)

Smithville

7:00 PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 38166, (D) (Meeting does not meet on all Federal Holidays due to facility being closed)

Smyrna

4:00 PM Keeping Hope Alive, 433 Nissan Drive Suite 202, Smyrna, TN, 37167, (D)

Springfield

NOON Discover Recovery Group, Epiphany Baptist Church, 508 South Main St, Springfield, TN, 37172,

Union City

NOON Free Spirit, First Christian Church, 603 S. 2nd St., Union City, TN, 38261, (O,D)

West Memphis

7:00 PM No Matter What, 209 Park Dr, West Memphis, AR, 72301, (O,IW,NS) *No signature verification of meeting attendance*

MEETING FORMAT LEGEND							
В	Beginners	BT	Basic Text				
С	Closed	CL	Candlelight				
D	Discussion	LGBT	LGBTQ+				
IW	It Works -How and Why	JТ	Just for Today				
М	Men	0	Open				
RF	Rotating Format	Rr	Round Robin				
SG	Step Working Guide	To	Topic				
Tr	Tradition	W	Women				
YP	Young People	OE	Open-Ended				
BK	Book Study	NS	No Smoking				
AB	Ask-It-Basket	ME	Meditation				
CW	Children Welcome	CP	Concepts				
LT	Literature study	Н	Handicapped accessible				
E	eating meeting	SP	Spiritual Principle				
NT	No Tobacco	St	Step				
CC	Chairperson's Choice	Spe	Speaker				
SW	Step Writing Meeting	LC	Living Clean				
GP	Guiding Principles	TC	Temporary Closure				
HY	Hybrid Meeting	MR	Mask Required				
VM	Virtual Meeting	SPAD	A Spiritual Principle a Day				

AREA HELPLINES & WEBSITES							
Chattanooga	888-463-2117	https://www.nachattanooga.com/					
Clarksville	931-221-2807	https://naclarksville.org/					
Greater Nashville	888-476-2482	https://nanashville.org/					
East TN Ridges of Recovery	877-354-0353	https://etror.org/					
Heart of Tennessee		https://hotascna.org					
Knoxville	844-409-3762	https://www.naknoxville.org/					
Middle Tennessee	888-476-2482	https://nanashville.org/					
Midwest	866-790-9010	https://namwt.org					
Mountain	423-302-0494	https://mana-e-tn.org/					
Southern Middle		https://natennessee.org/southern-middle/					
Upper Cumberland	866-454-3784	https://www.nauca.us/					
West Tennessee	901-276-5483	https://www.na-wt.org/					

PHONE NUMBERS					

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



VOLUNTEER REGION OF NARCOTICS ANONYMOUS MEETING LIST MARCH 2025 24 HOUR HELPLINE (901) 350-5030

Volunteer Regional Service Committee P.O. BOX 121961 Nashville, TN 37212

https://natennessee.org
SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Meetings Weekly: 482