

Volunteer Regional Service Committee Minutes

26 November 2023

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Volunteer Region Meeting Opened

Opened by Craig G with Serenity Prayer at 9:32 AM Eastern Time.

Welcome/Recognize visitors and new members.

General introduction of all.

Roll Call

Administration

Position	Filled By	Attendance
Chair	Craig G	Present
Vice Chair	<i>Vacant</i>	
Secretary	Hannah M	Present
Alternate Secretary	<i>Vacant</i>	
Treasurer	Callie G	Present
Alternate Treasurer	Chris B	Present
Regional Delegate	Vince B	Present
Alternate Regional Delegate	Greg V	Present
Information Technology and Communications Coordinator	Jimmy N	P

Subcommittees

Position	Filled By	Attendance
Hospitals & Institutions	Lee K – Resigned	
Outreach	Vacant	
Policy & Procedures	Lucy O	Present
Public Relations	Scott G	Absent with notification
Volunteer Region Convention - 41	Keith L	Present
Volunteer Region Convention - 42	Amber M (appt at Mid-Casual)	Present
Financial Legal Task Group	Joe S	Present
VRC Guidelines Ad Hoc (dissolving after Guidelines vote)	Sam D	Present

RCM/Areas

Area	Filled By	Attendance
Chattanooga Area	Joe A	Present
Clarksville Area	Jeff T	Present
East Tennessee Ridges of Recovery Area	Oliver L	Present
Greater Middle Area	Dorian N	Present
Heart of Tennessee	Mike G	Present
Knoxville Area	James B	Present
Midwest TN Area	Jesse J	Absent



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Mountain Area	Eddy G	Present
North Central Tennessee Area	Bam G	Present
Upper Cumberland	<i>Inactive</i>	
West TN Area	Rick A	Present
Total	10 Active Areas	9, quorum

Secretary's Report

Please submit your reports to the Google drive.

Review Minutes from Last VRSC

Minutes approved August 2023 with amendments.

- #06/08/2023 – 4 emergency check writing - This was not sent back to groups. RCMs voted whether to straw poll and this did not pass, then RCMs voted whether to send to groups or table. It did not pass to send back to groups.
- P&P report needs to be added to the minutes.


Minutes approved.

Treasurer Beginning Report (any submitted reports attached in Appendix D)







We had a problem with accessing the storage unit and were able to contact new owners to get in but charged us \$60. We will be paying for the next \$39.80 on Nov 25 and said we are tax exempt. Is this a yearly renewal – looking to hire a CPA soon. Overpaid delegate team but Greg reimbursed and has been resolved. Plans to resolve with Vince. I also did not get with VRC 42 for the QuickBooks trials. We found a way to donate in a different way. Reimbursed \$116.73, we had \$88.72, overpaid but can resolve them.


Area Reports (any submitted reports attached in Appendix A)

Area	Report Highlights
Chattanooga Area 	<ul style="list-style-type: none"> • 22 groups in the area and 38 in person and 7 virtual, added new group (KISS), had area inventory 11 out of 21 homegroups present. Overall doing well as an area. Apathy in service is the main area that needs improvement. Mentor instead of begging for service. We need to better educate our members about service. Working on activities to promote unity. Discussing goals at area to keep things moving. Activities subcommittee has been struggling with lack of participation. We had someone step up as a new chair. Winter Bash event on Dec 31st. QR code bus signs link to the website. Revamping the phone list. H&I is doing well at the institutions they serve. Surrender Under the Stars was a





	<p>huge success. \$6792.01 net. Chilhowee Camp Out has now become a Chattanooga Area event.</p>
Clarksville Area	<ul style="list-style-type: none"> We have 9 meetings, 5 homegroups. The groups have been doing well. We would like to do some workshops on subcommittees. Still trying to fill the area service body. We bought a speaker system for one activity, but they have essentially been fully self-supporting.
East Tennessee Ridges of Recovery Area	 <ul style="list-style-type: none"> Had a homegroup close due to lack of attendance, so 4 active homegroups and 2 showing up to area. A person has volunteered in doing an area inventory. Responses to inventory will be received at December area meeting. Primary feedback is that we do not communicate with each other very well. We have a new treasurer. There have been some issues with unity. PR is getting requests from local law enforcement. We could use some workshops for sponsorship and other fellowship and recovery topics.
Greater Middle Tennessee Area	<ul style="list-style-type: none"> 37 homegroups. H&I: metro jail is asking us to come in. Unity report was successful and the seed money \$12,000 for the convention. Next report will give out what the final number is. Need some area positions filled. We did have some elections to vote positions in. We are also looking into changing the wording on some of our guidelines.
Heart of Tennessee Area	 <ul style="list-style-type: none"> Regina is new alternate RCM. Lots of H&I meetings and PR events. H&I is going into two facilities, but they are struggling to get people to serve so the women's meeting has been discontinued. About 39 meetings a week. Groups felt the region is more concerned about guidelines rather than the spiritual guiding documents. We are proposing that VRSC hold the guidelines and instead use a list of best practices.
Knoxville Area	 <ul style="list-style-type: none"> Thanks for welcoming Della. I failed to document a second. PR is regrouping, H&I is looking to do a refresher and has put literature in local jails, literature chair is going well, we have followed up actions to attend from our inventory, we have a new webmaster and a new vendor maintaining our website. KACNA is open for pre-registration. We have a new women's step working meeting. Donating to region. Homegroup started a traditions and concepts working group.
Midwest TN Area	<ul style="list-style-type: none"> Absent
Mountain Area	 <ul style="list-style-type: none"> 15 groups with 30 weekly meetings. All committees are active and service positions are filled. We are requesting information on insurance coverage. One group lost their space because they did not have liability coverage.





North Central Tennessee Area	<ul style="list-style-type: none"> Hosted a PR workshop event, learned how to have a clear message of NA recovery (Sumner County Library). We are growing and are making our first donation today of \$1200. We also added another homegroup. H&I committee is thriving and would like to have a workshop. We are having a dodgeball tournament. NA Olympics event. Planning meeting is on Zoom. Flyers attached. northcentral.activitycommittee@gmail.com
Upper Cumberland	
West TN Area 	<ul style="list-style-type: none"> 23 groups. Had a service fair for open service positions. Had a few people show interest. NA in May fundraisers are going well. Speak Jam was in Oct and game night on Dec 2. Making a quilt out of old NA stuff. We need support on panel leaders. Working on QR code – going into libraries. Developed ad-hoc to look at guidelines. Covid made it so that we put those by the wayside so ad hoc will look at how to ensure they are followed moving forward. We asked region for help with area inventory.

Administrative Reports (any submitted reports attached in Appendix B)




Position	Report Highlights
Chair 	<ul style="list-style-type: none"> We need to plan the Regional Assembly. MID-CASUAL focused on challenges, but we did focus on the connection piece.
Vice Chair	<ul style="list-style-type: none"> Nothing to report
Alternate Secretary	<i>Vacant</i>
Regional Delegate 	<ul style="list-style-type: none"> Topics were developed at WSC and were brought up out of concerns from addicts that want a solution. There are external factors outside of NA. Evolution of technology, geopolitical dynamics, generational and cultural differences and societal discrimination, harm reduction models, increasing financial constraints, legalization of drugs, alternative programs for addicts, recovery for profit. Internal – bottlenecks in flow of funds, development of trusted servants, sense of safety, redundancy, and lack of cohesion in the service system, impact of illicit literature, and impact of rise of virtual NA. We have been having a conversation about MAT for a long time and continued at the last SZF. 2023-2026 conference cycle, the intro will be the 28th of Nov 2024. Amendments to CAR/CAT – motions must be in 15 days before Feb 28th (interim WSC meeting), Dec 1st is sponsorship day. The 38th world convention from Aug 29-Sept 1. There are 3 important surveys that are



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	currently being worked on and we really need them filled out.
Alternate Regional Delegate 	<ul style="list-style-type: none"> The multi-zonal symposium to discuss what was brought up at world service conference. Topics are disruptive and predatory behaviors and drug assisted therapies and service committees – discussed how to get them going. Maybe doing a 3-year cycle to follow world. Discussion of outdated literature in H&I. Workshops occurred and some world board members were present. H&I surveys are out, and the deadline is March 21st, 2024. Held a meeting to discuss SZF concerns but a quorum was not met. Getting a 501 c3 was too expensive (for SZF) so we cannot donate directly to them. That impacts our current guidelines to donate 10%. So right now, we are paying for their storage.
Information Technology and Communications Coordinator 	<ul style="list-style-type: none"> Helping people set up and access accounts. Set up VRC 42 email will be retiring the 41 emails soon. There was an issue with getting people in the trusted servant’s group but that has been resolved. We will have emails for alternates. Put new cc in Bluehost. Lucy updated the banner and is overseeing the Google Ads stuff. I am planning on creating a Google form to track what has been done or needs to be done. Paying Bluehost monthly \$80.97 (3 domains and a protection plans).

Subcommittee Reports (any submitted reports attached in Appendix C)

Position	Report Highlights
Policy & Procedures 	<ul style="list-style-type: none"> No one came to meeting. Updated guidelines have been sent to Jimmy. Next meeting is Jan 9th at 7.
Public Relations	
Hospitals & Institutions	
Outreach	
Volunteer Region Convention – 41 	<ul style="list-style-type: none"> Financially successful, will attach treasurer report to next region after our areas meeting next month but it looks like this event has cleared over \$13k in profit.
Volunteer Region Convention - 42 	<ul style="list-style-type: none"> All positions filled, run into standstill with securing a hotel (Knoxville is holding because of home game possibility), we have reached out to 12 hotels and have not gotten a single bid (7 in Gatlinburg area, 5 in Knox that are potentials but won’t commit yet). Got the EIN number to set up bank account. You can still pre-register and then invoice later.
VRC Guidelines Ad hoc	<ul style="list-style-type: none"> Nothing new to report. Sent out a copy of guidelines in August. Submit a vote to accept them today.



Financial Legal Task Group	<ul style="list-style-type: none"> Number of things but will provide report later: lost articles of incorporation, applying for the exempt sales tax for the state – submitting for renewal to get form to provide to vendors. There will be a board meeting before the end of the year.
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-- Lunch Break 12:08-1:02 PM ET (during admin reports) --

Open Forum

Topic	Discussion	Action
Address how we treat each other in the meeting	<ul style="list-style-type: none"> Possibly having a few minutes at the beginning to unify the group. Read spiritual principle a day. NA service prayer or the concept of the month Watching our sarcasm and don't put down other people's ideas. Read a blurb about practicing spiritual principles 	<ul style="list-style-type: none"> Nothing formal, maybe individuals to submit options
There is clearly a need for an Alternate Secretary	<ul style="list-style-type: none"> Needed for assisting the secretary and mentoring for taking over the position 	<ul style="list-style-type: none"> Nothing,
Regional Assembly in 2024	<ul style="list-style-type: none"> In the guide to local services, meeting for GSRs, RCMs, etc. Didn't we discuss that last meeting and was in the housekeeping motion? Yes Possibly have the IDTs there and "Making service work attractive"? May 4th at 10:00 AM for RA at Double Tree If GSRs cannot be funded by their area or GSRs homegroup then they can request region to support 	<ul style="list-style-type: none"> Craig to book room with Double Tree RCMs to collect topics and bring them back to Feb VRSC Greg and Vince will create flyer with list of IDTs
VRC rotation or bid approval	<ul style="list-style-type: none"> Possible collaborative efforts (East, West, Central), smaller areas with others and getting mentorship from previous committees, or always in Murfreesboro. Having it in the same place allows you to build a relationship with a facility. Are we a region to just have a convention? 	<ul style="list-style-type: none"> Bring up a new business for Ad-hoc committee (Glenn)
VRC 43 location	<ul style="list-style-type: none"> Anyone can submit a bid, but Memphis is in the process of working that 	<ul style="list-style-type: none"> None
GroupMe for RCMs& Trusted Servants-	<ul style="list-style-type: none"> It has helped the Knoxville area. 	<ul style="list-style-type: none"> Jimmy and Lucy to determine



purpose and boundaries	<ul style="list-style-type: none">We can also use Slack because we are 501-c3, but Google chat is nice because we already have it	platform and set it up by February
Hiring Murfreesboro Tax Solutions, Inc for maintaining 990 forms and Annual Report	<ul style="list-style-type: none">Recommendation to have Chris be the CPA.We legally must have one.Should we not be getting more bids from other companies?Chris B said he would charge \$350 a year; he does a 990 for another non-profit.Is this something we can put in our prudent reserve or a part of our normal operating expenses?Is it not a conflict of interest because he is the alternate treasurer and owns the firm?Any board member or officers taking money for services introduces a conflict. If we end up going with Chris, we need to see if he is on the Articles of Incorporation and then he would need to submit a COI form and step out of the room for voting	- Callie G and Chris B to get competing bids
Regional liability insurance policy	<ul style="list-style-type: none">We have a homegroup who has lost their spot because they did not have a liability insurance policy. They had an incident and prompted them to seek out looking for a liability policy.Can an area or group get that if they are not entities?Glenn to bring back some stuff to MID-CASUAL for ideas.Seems like an ad-hoc	- Craig to set up insurance ad-hoc
VRC guidelines input	<ul style="list-style-type: none">Looks like two positions were left out for voting.ITCC not listed subcommittees.Definitions were also not baselined when guidelines were.Are there best practices that replaced guidelines? Sort of, so we started compiling but there wasn't a lot of support for it.	- None
Amber M.'s nomination and the loss of a second to the nomination	<ul style="list-style-type: none">Highlighted that a second needs to be captured.Why do we need a second? Another form of accountability	- None



	<ul style="list-style-type: none">• Do we need to get a second before motion or nomination is submitted or after? Before.	
Address possible confusion of motion getting voted down by RCMs last cycle. Ask if discussion needed	<ul style="list-style-type: none">• None needed	- None
SZF donation via purchase	<ul style="list-style-type: none">• Wait until Feb to decide what to do	- None
How to give this information in a way that shows impact to addicts at group level	<ul style="list-style-type: none">• Personal experience: The more I enjoyed learning, the more they enjoyed learning about it also.• Utilize social media.• How you get information to people also matter a lot.• Bottom Line Up Front• Facebook group• Don't leave hardcopy out.• Contact list	- None
Proposal to hold VRSC guidelines in abeyance	<ul style="list-style-type: none">• The issue was that they were tired of voting on guidelines.• The guidelines are there for a reason.• This came from the check signing motion.• Guidelines are just that – a guide.• It seems like it was a misunderstanding	- None
VRSC to have a meeting for just reports	<ul style="list-style-type: none">• Could split it up.• What days would we do?• We used to meet every other month but brought up that the efficiency didn't improve enough to justify cost.• We did not show enough interest to split to make any logistical plans	- None
RD/RDA voting	<ul style="list-style-type: none">• How far would the overlap be? May-Nov• Is there any other interest in alternate RD.• The terms were changed at the last regional meeting so when Craig took the position of Chair, that was not the case.• Don't see any breach of guidelines.• Policy says no one person shall have multiple trusted servant positions – so Craig would have to step down if he got elected in	- None



Old Business

To include any unfinished business from the previous meeting and any items that were sent out for a "Group Conscience."

- Amber M for VRC 42 Chair

	Yes	No	Abstain	Present Not Voting
Chattanooga Area	10	0	1	2
Clarksville Area				
East Tennessee Ridges of Recovery Area	3	0	0	1
Greater Middle Area				
Heart of Tennessee Area	9	0	0	0
Knoxville Area	7	0	1	2
Midwest TN Area				
Mountain Area	9	0	0	0
North Central Tennessee Area				
Upper Cumberland				
West TN Area	12	0	1	0
	50	0	3	5

- Joe A for VRSC Vice Chair

	Yes	No	Abstain	Present Not Voting
Chattanooga Area	12	0	0	0
Clarksville Area	5	0	0	0
East Tennessee Ridges of Recovery Area	3	0	0	1
Greater Middle Tennessee Area				
Heart of Tennessee Area	9	0	0	0
Knoxville Area	6	0	2	2
Midwest TN Area				
Mountain Area	9	0	0	0
North Central Tennessee Area				
Upper Cumberland				
West TN Area	12	0	1	0
	56	0	3	3

Open from last VRSC or In-between meeting

- Inventory follow-up



- VRSC resource list - in newsletter which has not been submitted.
- RCM orientation -
- Event calendar
- Newsletter
- VRC
 - Approval of VRC guidelines (RCMs approval)
 - Changes update

New Business

Beginning with motions on the prearranged agenda and followed by motions submitted after the agenda's preparation. Motions submitted after the agenda preparation may be put on the next meeting's agenda but may need to be voted on during the current meeting at the discretion of the chairperson or by the decision of a two-thirds majority vote.

- **Should we create ad-hoc committee to be created for VRC rotation?**
 - Ad-hoc would present a plan for VRC rotation.
 - Decided not to form an ad hoc committee.
- **Would like to request region to purchase boxes to protect files in storage (making housekeeping motion)**

Motions If there are any, nomination forms and are in Appendix D

To go back to groups at areas:

- **None**

Done at VRSC/Housekeeping:



Motion #11-26-23_01 VRC Guidelines Approval

- 8 yes
- **Passed**



Motion #11-26-23_02 Storage container purchase (up to \$250) for archives

- 8 yes
- **Passed**

List of open regional positions:

- Regional Delegate (not open but nominations needed in February)
- Alternate Regional Delegate (not open but nominations needed in February)
- H&I
- Alt-Secretary
- Outreach

If groups are interested in VRSC information, please request to be added to this email group:

allgroup@natennessee.org

Final Treasurer Report



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\$1,027.52 Expenses Today

\$15,316.97 Final Balance

\$10,861.30 Pending Budgets

\$5,031.67 Remaining

So, nothing being send to NAWS or being held for SZF.

Upcoming meetings

VRSC Meeting: Feb 4th at 9:30 AM CT

MID-CASUAL: January 9, 2024, at 6 PM CT

P&P: January 9, 2024, at 7 PM CT

PR TBD

H&I N/A

RCM Orientation: February 3rd, Time TBD

All at the same Zoom link:

Zoom ID: 901 350 5030

Password: NATN

Closed Meeting

4:45 PM ET



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Appendix A – RCM/Area Reports

East Tennessee Ridges of Recovery RCM report: November 26, 2023

Good morning recovering family,

The WeCover group has gone inactive due to a lack of attendance, making it just four groups active in the area at this time. There are two groups in the area that aren't active with the East Tennessee Ridges of Recovery ASC. The chairperson and several others have been attending meetings with these groups encouraging them to become active with the ASC.

East Tennessee Ridges of Recovery Area Service Committee continues to show progress after hitting a low point of activity back in the winter. The best news to report at the moment is that after some discussion about doing an inventory a person who had just recently relocated to the area from out of state volunteered to assist in doing an area inventory. He has over three decades of recovery and has participated in doing inventories at the area level in his former state. The committee accepted his offer as we are currently low on funds so it would be a financial struggle to support someone traveling from other parts of the state. The list of questions from the PR Handbook were sent out to home groups and responses will be returned from the home groups at the December business meeting. There has already been some feedback from the inventory process as the person doing the inventory has been visiting all the home group regular meetings to observe how we are doing. The primary feedback that we've been getting so far is that we don't communicate with each other very well. I concur, although I didn't take it personal.

We also have a new treasurer which is great news. The previous one had been treasurer during COVID and sort of got stuck with the service position because no one was willing to step up. Thank you for your service, Theresa, and thank you for stepping up, Diane. There is also some discussion about there being a person willing to serve as chairperson for the H&I subcommittee, the Literature subcommittee (respectfully), and my replacement of RCM in March.

There is still some struggles with the issue of unity within the service body of the area committee. I was absent at the November ASC business meeting due to a prior commitment, but it is my understanding that there was a discussion directed at the PR subcommittee chairperson that probably should had taken part at the PR subcommittee business meeting. Anyway, my understanding is that it got a bit disrespectful and this person had to leave the room because she got emotional. Lisa has a birth defect that is the result of her father having been exposed to Agent Orange during combat duty in Vietnam. It makes her interact as though she is a four year old, although she is a very intelligent person who has worked most of her adult life as a CNA. My sense of it is that some of the folks who have relocated here from other states have an attitude towards those that do service work and are harassing Lisa in an effort to get her to resign. Yes, Lisa did some damage while she was out there and she is using service work as part of her motivation in recovery. So the First Tradition got blown out of the water this month. Lisa isn't leaving and I am very proud of her, given that her story includes being harassed and bullied by her classmates because of her birth defect. We are supposed to be supportive of others in their recovery, not a continuation of its cause. Trust me. This will be discussed ASAP.

With respect to the PR subcommittee, a motion was made and passed to change the time of the subcommittee business meetings to the third Saturday of each month starting at 1pm at the November PR subcommittee business meeting. The business meeting had been held at 6pm prior to the regular meeting of the Carry The Message meeting at 7pm, but the PR meetings are getting excellent attendance and the meetings are running into the regular meeting time space. The PR committee is getting requests from local law enforcement offices about orientation meetings to inform them of what



is available from the H&I subcommittee. We currently don't have a chairperson for the H&I subcommittee, but when we do, that subcommittee will be ready to hit the ground running as things are opening back up after the shutdown and there is a lot of willingness to engage NA in the work. Also, several members of the PR subcommittee attended a court hearing recently in support of one of our members responding to a VOP that was dismissed and we got the idea to approach the judges' offices about going to the court rooms once a month or how ever often appropriate and able to and provide information about NA directly to defendants and lawyers. Our PR chairperson is from here and her father was very familiar with our community leaders, and she knows the process and people to talk to, to get this done. Stay tuned. Also, with the business meetings starting the third Saturday of the month in January, we will be scheduling workshops at 3pm for an hour after the business meeting. Hopefully we can bring the Activities subcommittee in on some of these workshops as well. We could use some workshops on sponsorship and meeting chairpersons. When there isn't anything else going on we will be scheduling for someone to do a workshop on a tradition, which is also badly needed.

The Activities subcommittee hosted a Halloween party on October 28 with a crock pot cook off. Prizes were awarded for the best crock pot entry and several best dressed costumes.

Yours truly will be celebrating 35 years clean and serene on December 6. There might be cake on December 9 at the Carry The Message group meeting.

In loving service.

Oliver L.

Mountain Area of Narcotics Anonymous
PO Box 3161
Blountville, TN 37617
423.302.0490
Mountain-na.org

November 26, 2023

Report to VRSC

Greetings,

My name is Eddy G., I'm an addict, and I am the RCM from the beautiful Mountain area.

Overall, recovery in the Mountain area is strong and continues to grow from Marion, VA to Greeneville, TN where 15 groups host 30 weekly meetings. The majority of our service positions are filled, and all committees are active. We are donating \$750 to the region this quarter.

H&I currently supports 10 weekly meetings where at least 120 unique individuals receive the message of recovery from an experienced group of panel members. There are plans to start another meeting very soon.

Our **IT** committee manages a robust and well-visited website, an active helpline, and maintains accurate meeting lists. They manage and maintain a [Recovery Envoy website referral page](#) form that connects addicts exiting facilities with NA members so that their chances of attending a meeting on their first day out are increased. There are 7 literature racks placed throughout community agencies that are managed and stocked by **PR** committee members. PR also holds regular service training workshops in coordination with other committees.

The **Activities** committee is also very active planning and organizing at least one area-wide event each month. For more information regarding future events please check our [website events pages](#). The **Policy** committee meets virtually each month. Our newly formed **Convention** committee is working to establish an annual gathering to celebrate recovery in the Mountain Area.

I come this month requesting information on how your areas have dealt with insurance coverage. One of our groups recently lost their space because they were not able to secure a liability policy.

In gratitude,
Eddy G.
Mountain Area of NA RCM

Chattanooga Area RCM Report 11-26-2023

Hello Family,

The Chattanooga Area is doing well. We have 22 groups in our Area. With 38 in person meeting and 7 virtual meetings each week. We recently added a new group to our Area called the Kiss Group. Which meets on at .

We had an Area inventory on October 7th. We had 11 out of 21 home group present with 15 total attendees. It was an informative and great opportunity for us the learn. Overall we are doing fairly well as an Area.

The top areas mentioned as needed improvements:

Apathy about service in the area has gotten bad, need to look at ways to increase excitement for service. Guidelines are not always followed as a whole. It is suggested that Chairs recruit their Vice Chairs. Perhaps instead of begging addicts to do service work, we mentor them instead. This would alleviate some of the burn out that is being felt by those that have been serving in the same positions for years. We need to do better at educating our members about the concepts and service.

The top goals we came up with were:

Update the guidelines for the Area. Area Chair to appoint a Adhoc Chair and set up guidelines restructure team. And set up a time frame to have it all done.

Put together a training day for service positions.

Set up a learning day about Service (H and I)(Activities).

Come together and set up as activities with group events like Dam Picnic and such to promote Unit.

We are continually discussing the goals at each area to keep things moving. We send our Regional donation monthly and grateful for anything we are able to send. Our Activities Sub-committee has been struggling with lack of participation. Within the las two months we have had some one step up as a new chair since the old one had to step down. There has also been an uptake of willing addicts to get involved. Activities will be hosting their biggest event of the year. The Winter Bash will be held on December 31st and The House located at 350 McCallie Ave. the event will start at 5pm and end with a candlelight meeting that will start right after midnight. There will be food, fun, fellowship, dirty Santa gift exchange, speaker and dancing. I will submit a flyer with my report. Fellowship development is working on some new things. One big one is a QR-code buss sign that will be on the city busses that will link people to our website. They are also adding celebration dates to our events website but only with permission of the individuals celebrating. FD is also working on revamping the phone line list and has been able to attract more willing people to be on the phone line so there are more that are able to be rotated more regularly. H&I is doing well. Focus, Sholze, Walker State Prison and CADAS are going well. They hosted an event called the Speaker Spooktacular. The event went well will several speakers, workshops and orientations throughout the day. FD was also involved with this event and had a Phone Line orientation. The event ended with a surprise main speaker. Surrender Under the Stars was a huge success. The event had In attendance we had around (125-150) for the Friday night meeting & (275) adults with



approximately (25) children on Saturday for the meeting. The financial totals were **\$12,042.01** minus \$5,000.00 Seed Money Leaves \$7,042.01 minus \$250.00 for New Signage **Leaves \$6,792.01** in excess funds. They asked for a Seed money request to help reduce the registration cost for the event and to alleviate individual members having to use their personal money to cover costs and having to wait till after the event to get reimbursed. A motion was submitted for the increase, sent to home groups and passed. they will be donating **\$4,292.01** after all checks have cleared and new signs have been purchased monies will be sent in at next month Area Meeting. We also had an Ad Hoc committee looking at the feasibility for the Chill Out on Chilhowee Camp out becoming and Area event. There is a full report delivered to Area will gladly discuss the results of the AdHoc committee if anyone wants to know about it. The report is long and I will not add it to this report. A motion was made to add this campout to the Area as a subcommittee. Sent back to groups and it passed. They will have to come up with guidelines and submit them to the Area for approval. The chair will have to be local to the Area as well as the treasurer since the Bank account will have to be local. More will be revealed as thing move forward. We did vote on the Regional motion and nominations. Please let me know if there are any questions. Thank you for allowing me to serve.

I.L.S.

Joe A Chattanooga RCM

HOT Area RCM Report November 2023

Hello Family, greetings from the Heart of Tennessee Area Service Committee of Narcotics Anonymous. First let me introduce you to the HOT Area's newest Regional Service Committee trusted servant; Regina C. has graciously accepted the nomination for Alternate RCM for our Area. Regina has faithfully served her homegroup as GSR and I look forward to serving with her.

The last 3 months has been full of H&I, meetings, PR Events, Activities and of course meetings carrying the NA message to those in the 13 counties that the HOT Area serves. In September The Rutherford County Recovery Fest was a great success. We had a Public Relations Booth set up, and several members took time out of their schedules to serve and give out information about NA to the public. The PR Committee also had a booth set up and the McMinnville Street Fair in October, and the Annual Pride Festival in Murfreesboro.

The H&I Committee is carrying the message to two facilities: The Brooks Healing Center inpatient treatment facility in Wartrace, and the Rutherford County Men's Workhouse in Murfreesboro. The PR Team has struggled to get people involved in their efforts, and as such the H&I efforts to carry the NA message to the Women's Workhouse has been discontinued until further notice.

Several of our groups have held their annual anniversary celebration events, we have had a few members who are attempting to start a new daytime meeting, and a few groups have added an extra weekly meeting to their schedules. We currently host 39 meetings per week in our area of service. Some of the rural meetings continue to struggle in getting members committed to serving and keeping the doors open, but all are attempting to do so.

Our Fellowship Development model of the service structure seems to be successful in getting members who are eager and willing to get involved, and many newer members are excited to have the chance to serve our Groups at this level. We have recently added a Literature Committee to our service efforts.

Our Area held their annual nominations for the Area and Fellowship Development service positions this month and I believe all the service positions will be filled if the nominees are voted into their positions.

Lastly, discussion was held at the Area level regarding the recent proposed Guideline changes. It seems that every few months the groups are faced with either discussing or voting to change the VRC or VRSC Guidelines. We had a few of our groups that felt that the Region is more concerned about following our Guidelines, and



place more importance on them, than we do our other spiritual guiding documents; namely our 12 Traditions, 12 Concepts and The Guide to Local Services in NA. As such, we propose that the Volunteer Region hold our Guidelines in abeyance for a period of 9-12 months and instead keep a log of “best practices” that adheres to what the rest of our Guiding Spiritual Documents would have us do. It seems that our Guidelines have become cumbersome and downright overbearing in some instances by trying to dictate what the Trusted Servants of the Region should do in every little problem that arises. The question arises of; are we following the “letter of the law” while foregoing the “spirit of then law”?

In Loving Service

Mike G.

rcmhotasc@gmail.com

Knoxville Area Narcotics Anonymous (KANA) - 11/26/2023

Much love, family!

First, thanks to everyone for welcoming Knoxville Alternate RCM Della. She is slowly taking on more responsibilities, and she may have questions. Thanks to everyone who has been encouraging and supporting her.

Next, I want to own up to something on my end - I failed to write down a 2nd for our VRC 42 chair nomination at the last region, and there was a mixup. I was originally shown how to fill out nominations here at my first region, but it did not come up again and I confused our process with my area's process. Thanks for any understanding as I am learning and growing in service here, and I know it will all work out how it is supposed to work out.

I have some brief notes about our various committees. PR is regrouping, H&I is looking to present a refresher professional presentation to a facility with a new upcoming meeting along with Outreach and possibly PR, H&I has also purchased 10 Basic Texts to put into local jails, Activities looked to put on holiday events including a black tie New Year's Eve event but has regrouped to come back with other plans later, Policies and Procedures is no longer vacant and intends to run through sweeping updates that were not made during a long vacancy including updates and resources related to our subservient 501(c) 3 entity's responsibilities. Our Literature Order Coordinator is going swimmingly and smoothly, and seeks a spirit of rotation soon with an expected end of term vacancy. We have an ad hoc dealing with our last Area Inventory follow-up action items, and we have a website ad hoc working with a professional to update and begin hosting and supporting our website for us. We also have a new Webmaster who would be trained on how to update content and post events on our website.

We had very successful events with Hope Floats 2023 and Recovery on the Ridge XXVII. Both were financially successful, which is great, but way more importantly, both brought addicts newcomer and beyond together in spiritual service and unity. I almost fell out of the back of a U-haul truck on the way to kayak down the river, but we do recover.

We have KACNA VI coming down the line March 1-3, 2024! Flyer posted in the Google Drive, which has a QR code to register. There are pre-registration rates, including an additional discount if signing up at any Knoxville Area event to pre-register. This will be at the Crowne Plaza. The theme for KACNA VI is "Leap Into Freedom." So, go ahead and leap into registering before pre-registration ends.

We have new groups popping up - The Boondock Saints, 5th Avenue Serenity Sisters which is a women's stepworking meeting, and Bridges home group bringing back NA to Lenoir City after a long hiatus. We have had participation at our Area Service Committee meetings about the same as it has been the past year, and groups are starting to explore opportunities to network and rebuild unity in the area in different ways.

Our ASC meets 3rd Wednesdays at 10am at 828 Tulip Avenue in Knoxville, Tennessee at Square Dancer's Inc.

I have brought a check donation to region in the amount of \$1,012.98.

We have been working through passionate perspectives related to things like how we grant committees the autonomy to meet freely versus making service opportunities accessible in neutral environments, how we coordinate our area activities, and ultimately, how we get through conflicts with love and compassion instead of disunity.

I also have a quick personal experience note to include in my report, I hope that is OK. First, I went to Recovery on the Ridge in Knoxville and the newest newcomer showed up to the wrap-up committee meeting the last day for service work while another burst through a mountain of hugs at the clean time countdown like a painting and said they had a family now and my heart absolutely and completely exploded everywhere. Next, I am also excited to report that my own home group started up a Traditions and Concepts workshop that came from a group inventory, and I have been fortunate enough to be part of it. Oldtimers as well as newcomers even from other home groups have started attending, including some area servants, but this isn't so much an area initiative as much as a narrative report from me that my personal recovery and even service work is directly being affected and elevated by this deeper dive into the spirituality behind the Traditions and Concepts, how they bridge together, how I can do things like slow down, lean more into our common welfare and the loving spirit of service, let go of fear of outcomes so much, remember to invite God back in to service when we edge God out of service meetings, and remind me that my natural diseased state is to judge others by actions but want to be judged myself by motives and intent as Guiding Principles suggests. I look forward to applying all this stuff to service work with y'all and am extremely grateful for everyone's loving patience and bear hugs. This has been a rough year in my journey but I've been getting exactly what I need when I need it, and I'm glad to be here with my recovery family after an especially rough holiday for me.

Love y'all.

In loving service,
James B.
knoxville@natennessee.org
(865) 306-1869

**West TN Area of Narcotics Anonymous Meeting *Sunday, 10/22/2023, Memphis, TN*
TN Regional Service Committee Report, Murfreesboro, TN, Sunday 11/26/2023,
9:30a -5pEastern**

West TN Area's presenting Region Service Committee a check for \$300 for 9/23, and \$420.00 for 11/23. Totaling \$720.00.

There're 23 groups meeting in Memphis, Tennessee.

8/12/2023 Service Fair: Was a success, we had good turnout.

9/24/2023 Filled Positions Area Level: Lucy O. Policy and Procedure Chair, Penny B. ASC Secretary, Chris R. Alt Treasure. Paula J. Alt. Secretary, Tammy S. Alt. RCM, Rick A. RCM, Gil S. Vice Chair, Ricky V. H&I Chair, Adele S. Newsletter Chair, Kathryn L and Gene L. VRC 42 Workshop Speakers: Amber M. for VRC 43 Chair, Joe A. for VRSC Vice Chair 43. 12 yes, 0 no, 1 absension, 0 present not voting

10/22/23: QR Code: Provided for WestTN Area NA. PayPal Scan QR code on phone or camera app.

10/22/23 AD-HOC Committee Formed: To go over H&I Guidelines to insure they are being followed. During COVID the rules were relaxed, because the treatment center only wanting one H&I member coming in instead of two.

H&I need Panel Leaders

It was brought up at Area to ask Region for help in completing an assessment/inventory.

Game Night NA in May Fundraiser 12/2/2023



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Appendix B – Administration Reports

Hello Family!

I want to start by saying how excited I am to be here today! There have been plenty of times in the past that I have had some slight anxiety about what might be happening at the meeting, but that is certainly not the case now! Whether I've been getting healthier, or whether this body is getting healthier, there has certainly been some change! Even though I know I made a mistake by missing a second for Amber's nomination, I know this body can hold folks accountable, yet still be graceful.

We held a MID-CASUAL meeting on Oct 10th with 9 in attendance. The meeting was productive and there were a few points that the meeting helped to focus on our attention on. One of those points is that the planning of the Regional Assembly needs to be addressed so we can plan accordingly with the hotel we use for our Regional meeting space in Murfreesboro. Another issue that was brought up is that someone felt the last Regional meeting was contentious and even confrontational. As the Chair, the atmosphere of the meeting is part of my responsibility, however, all members of this body are also responsible to help maintain the atmosphere of recovery in this service meeting. This is clearly an example of how I may miss something and need this body's help & support. I was focused on all the activity and business that we were handling last cycle and didn't notice there was confrontation. If you see someone being mistreated, or are being mistreated yourself, please let me know so that we can address it, even if I happen to be the one in error. This body is part of a spiritual society, and our 10th Concept is our Fellowship's guarantee of respect for the individual trusted servant. We want everyone here to feel safe and as equally-valued members. I want to add that confrontation is healthy, but as long as we are disagreeing without being disagreeable. I also know that perspectives matter and that we all may view an interaction differently. Let's just do our best to make sure every member here feels safe and valued.

Although this report may sound like the MID-CASUAL meeting had a focus on challenges, that would not be the case. One of the most impactful part of the meeting from my perspective was the Connect portion of the meeting. All the members present shared something positive that was going on in their lives. This was a great way for those present to remember not only our humanness, but that we are all doing the best we can with this thing called life and recovery. I really appreciate those present sharing part of their life with us!

Finally, our Region exists to support our Areas. If you, or your Area, need support of any kind, please contact me at chair@natennessee.org. I may not be the one to help you, but I will certainly do my part to connect you with someone who can.

Thanks for allowing me to serve,
Craig G
VRSC Chair



- I apologize for being absent for the last meeting
- Help people set up and access their accounts
 - VRC 42 emails
- Updating meetings in the BMLT as needed
- All new emails are now automatically added to the trusted servants email list
- Going to start having emails for alternates instead of having them share emails
- Add credit card for expiring domains. Domain still expired for vrcna. Set up auto-renew
- Lucy updated vrcna banner. It was a few years behind
- Lucy has been overseeing the google ad stuff
- Planning to create google forms to help keep track of what has been done and what needs to be done
- Will be removing VRC 40 email addresses
- Updated website with new guidelines
- Updating BMLT with world codes

Greetings Family,

Greg and I were able to attend the last 2 CP meetings. I will cover as much information in this report as possible.

Irene introduced herself as World Board Chair asked everyone to use their display name as service position, then region or zone, full

Anthony reported that in terms of finances the picture hasn't changed since the July conference participant web meeting. He reported a few staff additions and reminded everyone that the number of staff is still far fewer than pre-pandemic, and with activity ramping up, staff are still stretch thin.

The questions being discussed in the small groups were: 1. Are there any factors listed that you don't understand? 2. What is one factor that you believe has a high impact, based on what is happening in your service body.

Irene explained what happens after the survey is done. She stated the results will be gathered, and NA World Services will be asking for time at zonal meetings the first quarter of 2024 for further discussion and analysis. The board will facilitate the zonal sessions—believing it will take two two-hour sessions—to identify solutions based on the survey results. The board will then combine the results from all of the zonal forum discussions and draft a plan to be considered (based on available resources) at the interim WSC. Irene went on to add that they have created a possible outline of the plan for how to accomplish this phase of the process. Initial ideas include asking some zones if they can join together virtually for these planning discussions. Proposed outline for zonal sessions:

- The EDM has been asked for at least two of their sessions. The same can be done for the APF.

- Afri-Can ZF -virtually

- LAZF –virtually

- RZF –virtually • BZF –virtually or at their scheduled May meeting

- CANA, WSZF, and RMZF –meet together and break into small groups virtually?

- PSZF, MZF, SZF –meet together and break into small groups virtually?

- NEZF, Autonomy, SEZF --meet together and break into small groups virtually.

1. In our Nov meeting, Anthony shared that the contract for the 2026 conference has been signed. The dates for the WSC as well as the interim WSC meeting have been established and posted. They are listed in A Guide to World Services and on the Important Dates and Deadlines page, which is www.na.org/dates. The dates are:
 - 28 November 2024 –Interim CAR/CAT
2. • 28 February & 1 March 2025 (11am-1pm & 2pm-4pm, PST) –Interim WSC
3. 3 November 2025 –2026 CAR published.
4. • 3 December 2025 –translated CARs published
5. 3 February 2026 –Conference Approval Track material available

6. •3–9 May 2026 –World Service Conference 2026.
7. Anthony added that he did not post a financial update before this meeting since they are still waiting on the audit of last year. He stated they intend to continue to add to the overhead expense by adding more staff, restarting cooperative efforts with PR Committees around the Fellowship, tend to major vendor relationships, continue to add resources to translations, and communication.

The questions being discussed in the small groups were:

1.Delegates Helping Local Services: How can delegates help areas take an inventory and reimagine service delivery?

2.Shaping IDT Workshop Questions: What are the questions that the Reimagining Service IDT workshop could contain in support of developing FD Basics?

Odd-numbered groups will begin discussing Question #1.Even-numbered groups will begin discussion Question #2.

ILS,

The RD Team

REGIONAL DELEGATE ALTERNATE REPORT

EVENT: Multi Zonal Service Symposium

LOCATION: Detroit, MI.

DATES: 10/13 - 10/15, 2023

ATTENDEES: Southern, Plains States, & Midwest Zonal Forum

TOPICS: Envisioning the Future of Narcotics Anonymous

WORKSHOPS: IDTs, Gender Neutral & Inclusive Language in NA Literature, Dealing with Disruptive & Predatory Behavior, DRT/MAT as it Relates to NA, Reimagining and Revitalizing Service Committees, H&I Basics

NOMINATIONS / MOTIONS: To Extend the MZSS to a 3 year cycle to correlate with the WSC.

FOLLOWUP: An extensive weekend was filled with multiple workshops attended by numerous fellowship members. Present also a World Board member and NAWS HR personnel. Several of the IDTs were addressed that had been introduced at the WSC. The response was quite positive as well as informative. Some of these IDT powerpoints are available at NA.org/idts

The upcoming survey on H&I Basics is on the NA.org website and the deadline is March 31, 2024.

Prior to the MZSS a virtual meeting was held on October 9, to discuss some of the concerns for the SZF, reasoning so members could limit the face to face meeting scheduled for October 15th in Detroit. A Quorum was not met. Regions present were able to submit their reports electronically allowing more time for business topics.

The Bluegrass Appalachian Region was discussing the possibility of leaving the Southern Zone and joining another.

The Volunteer Region was one of several to not submit a survey on behalf of the Region that error was promptly corrected.

The October 15th brought about old business dealing with inventory to be taken at the Zonal level. This inventory will be held on Friday night at the Winter Zonal Meeting in St. Louis, Mo.



The topic of a questionnaire to send out to the Regions and Areas to find out what their needs are was presented also.

A discussion was brought up on length of term for the Zonal Delegate to be extended to a 3 year term following the WSC cycle.

It was decided after research that it would be a more prudent use of funds for the Southern Zone to get an EIN as opposed to a 501 c3 status.

In lieu of the Volunteer Region donating to a non 501 c3 organization, it was decided to pay for a carrying case to transport the AV equipment that was purchased for the Zone.

In Loving Service,
The Delegate Team

Hello everyone,

The treasurer team have been busy getting things in order. We have gotten the 990 ez completed for irs. Chris will have more to share on this. The cost of this to been completed was 250.00. Which is a significant discount!

We have a problem with accessing our storage unit a couple weeks ago and was able to contact the new owners and get in. However, they charged us 60.00. After looking at our invoice we are paid through the end of November. I will be contacting them Monday to inquire about this charge. We will be paying for the next year Dec 1st

Looking though previous payments I found we paid 39.80 on 11/25/22 and it say tax exempt on the FOR section on the register. I will be trying to find out if this is a yearly renewal and taking care of that if so. Hopefully we will be hiring a CPA to handle all od our state and federal filings.

In the spirit of transparency, I made a mistake and overpaid the delegate team for their world service conference. Greg and Vince have reimbursed and the issue is resolved.

After going through my action items from previous meeting I dropped the ball on getting with VRC 42 for the quickbooks trial. We will get with her and take care of this.

Finally, because we have held the donation to southern zonal forum we found a way to donate in a different way. After attending the SZF meeting the treasurer had a need for a carrying case for their electronics and I purchased that for them in the amount of 116.73. Which would be appropriate if we had the 116.73 ear marked. We had 88.72 so I overpaid 28.01. I can take that amount out of the next 10% held for donation to resolve it.

I apologize for the mistakes made and doing the steps necessary to resolve them.

Beginning balance	17,016.49
Cash deposit	128.00
Expenses	-1,827.52
	15,316.97
Prudent reserve	-5,000.00
Held for budgets	-5,186.30
Operating balance	5,130.67

Thanks for allowing me to serve!

Callie G

Volunteer Regional Service Committee Inc.

Balance Sheet

As of November 24, 2023

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
USPS po box	176.00
VRSC Checking Acct	17,097.46
Total Bank Accounts	\$17,273.46
Other Current Assets	
Undeposited Funds	0.00
VRC Seed Money	4,601.02
Total Other Current Assets	\$4,601.02
Total Current Assets	\$21,874.48
Other Assets	
advance reimburesment	-949.25
Total Other Assets	\$ -949.25
TOTAL ASSETS	\$20,925.23
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
Opening Bal Equity	3,392.53
Retained Earnings	17,433.67
Net Income	99.03
Total Equity	\$20,925.23
TOTAL LIABILITIES AND EQUITY	\$20,925.23



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LIFEGREEN CHECKING FOR BUSINESS

August 1, 2023 through August 31, 2023

SUMMARY

Beginning Balance	\$23,442.16	Minimum Daily Balance	\$21,124
Deposits & Credits	\$3,105.00 +	Average Monthly Statement Balance	\$22,960
Withdrawals	\$55.27 -		
Fees	\$0.00 -		
Automatic Transfers	\$0.00 +		
Checks	\$5,367.74 -		
Ending Balance	\$21,124.15		

DEPOSITS & CREDITS

08/03	Deposit - Thank You	2,670.00
08/09	Deposit - Thank You	110.00
08/09	Deposit - Thank You	325.00
Total Deposits & Credits		\$3,105.00

WITHDRAWALS

08/07	Card Purchase Amzn Mktp Us*ta 5942 Amzn.Com/Bill WA 98109 4740	29.58
08/07	Card Purchase Amzn Mktp Us*ta 5942 Amzn.Com/Bill WA 98109 4740	25.69
Total Withdrawals		\$55.27

CHECKS

Date	Check No.	Amount	Date	Check No.	Amount
08/08	2607	129.20	08/07	2613	360.07
08/07	2608	436.00	08/15	2614	292.19
08/07	2609	421.61	08/07	2615	298.96
08/07	2610	197.60	08/14	2616	1,785.40
08/08	2611	126.40	08/18	2617	798.51
08/28	2612	288.00	08/21	2618	233.80
Total Checks					\$5,367.74

* Break In Check Number Sequence.

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DAILY BALANCE SUMMARY

<u>Date</u>	<u>Balance</u>	<u>Date</u>	<u>Balance</u>	<u>Date</u>	<u>Balance</u>
08/03	26,112.16	08/09	24,522.05	08/18	21,645.95
08/07	24,342.65	08/14	22,736.65	08/21	21,412.15
08/08	24,087.05	08/15	22,444.46	08/28	21,124.15

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VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2607
 P.O. Box 12053 Murfreesboro, TN 37129
 DATE 8/3/23
 PAY TO THE ORDER OF Double Tree Hotel \$129.20
 one hundred twenty-nine & 20/100 DOLLARS
 REGIONS
 FOR SZF mtg 7/23 Callie Stark

Check# 2607 08/08/2023 \$129.20

08639100054 5976 08/08/2023
 PAY TO THE ORDER OF
 DOUBLE TREE HOTELS
 FOR DEPOSIT ONLY
 DOUBLE TREE MURFREESBORO
 ACCOUNT # 5324416614

Check# 2607 08/08/2023 \$129.20

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2608
 P.O. Box 12053 Murfreesboro, TN 37129
 DATE 8/4/23
 PAY TO THE ORDER OF Greg Vogelsang \$436.00
 four hundred thirty six & 00/100 DOLLARS
 REGIONS
 FOR SZF Hotel Mileage Callie Stark

Check# 2608 08/07/2023 \$436.00

05400017 00002608
 5324416614
 VOLUNTEER REGIONAL SERVICE
 SECURITY FEATURES EXCEED INDUSTRY STANDARDS AND INCLUDE:
 • Magnetic Ink Recognition (MICR) line and check number
 • Microprint - Micro Deposit check marks to indicate check has been deposited via mobile device
 • The Security Overlay - pattern on back designed to deter fraud
 • Microprint MP line printed on front and back
 • The words "ORIGINAL DOCUMENT" across the back
 • Photo Safe Deposit - icon visible on front and back

Check# 2608 08/07/2023 \$436.00

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2609
 P.O. Box 12053 Murfreesboro, TN 37129
 DATE 8/4/23
 PAY TO THE ORDER OF Greg Vogelsang \$421.61
 four hundred twenty one & 61/100 DOLLARS
 REGIONS
 ON AIRFARE M255 10/23 Callie Stark

Check# 2609 08/07/2023 \$421.61

05400017 00002609
 5324416614
 VOLUNTEER REGIONAL SERVICE
 SECURITY FEATURES EXCEED INDUSTRY STANDARDS AND INCLUDE:
 • Magnetic Ink Recognition (MICR) line and check number
 • Microprint - Micro Deposit check marks to indicate check has been deposited via mobile device
 • The Security Overlay - pattern on back designed to deter fraud
 • Microprint MP line printed on front and back
 • The words "ORIGINAL DOCUMENT" across the back
 • Photo Safe Deposit - icon visible on front and back

Check# 2609 08/07/2023 \$421.61

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2610
 P.O. Box 12053 Murfreesboro, TN 37129
 DATE 8/6/23
 PAY TO THE ORDER OF Joseph Aucoin \$197.60
 one hundred ninety seven & 60/100 DOLLARS
 REGIONS
 Mileage 97.62 Hotel 100 Callie Stark

Check# 2610 08/07/2023 \$197.60

05400017 00002610
 5324416614
 VOLUNTEER REGIONAL SERVICE
 SECURITY FEATURES EXCEED INDUSTRY STANDARDS AND INCLUDE:
 • Magnetic Ink Recognition (MICR) line and check number
 • Microprint - Micro Deposit check marks to indicate check has been deposited via mobile device
 • The Security Overlay - pattern on back designed to deter fraud
 • Microprint MP line printed on front and back
 • The words "ORIGINAL DOCUMENT" across the back
 • Photo Safe Deposit - icon visible on front and back

Check# 2610 08/07/2023 \$197.60



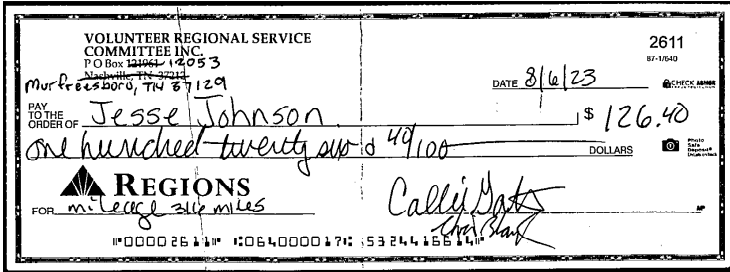
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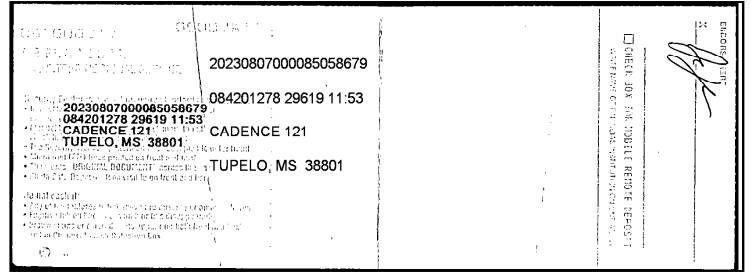
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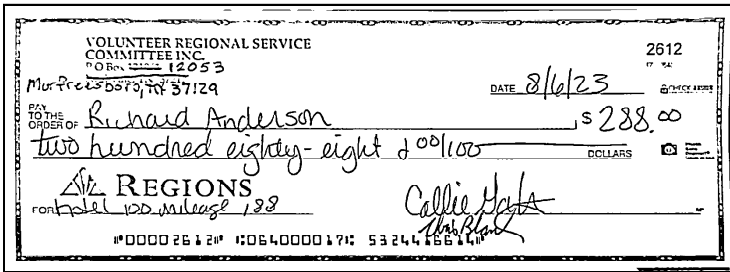
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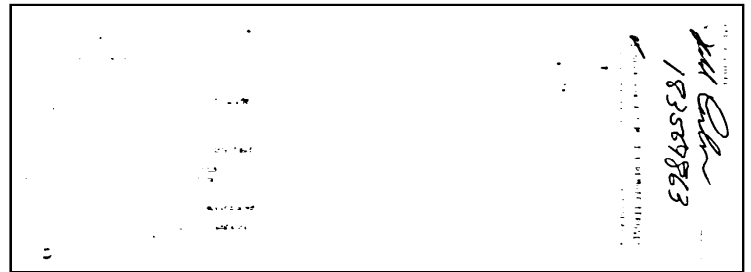
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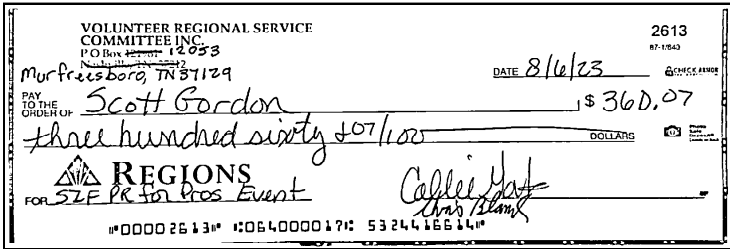
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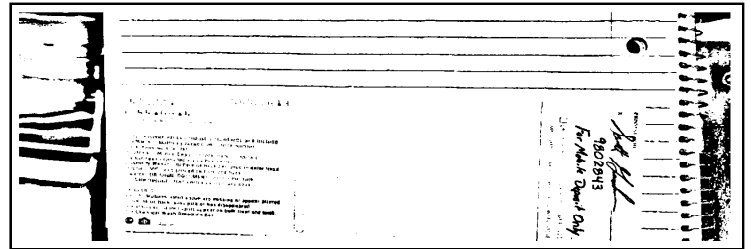
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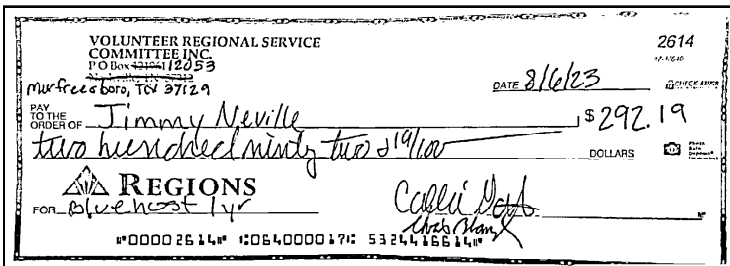
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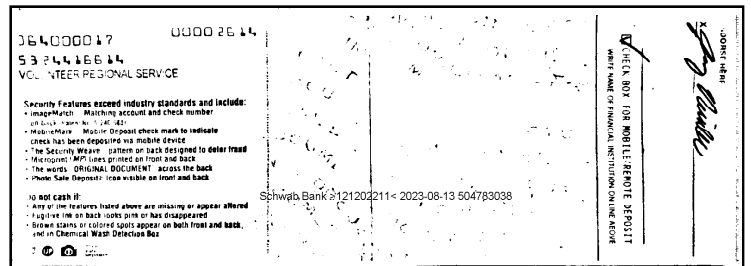
Check# 2613 08/07/2023 \$360.07



Check# 2613 08/07/2023 \$360.07



Check# 2614 08/15/2023 \$292.19



Check# 2614 08/15/2023 \$292.19



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VOLUNTEER REGIONAL SERVICE COMM
 PO BOX 12053
 MURFREESBORO TN 37129-0041

ACCOUNT #

5324416614

Cycle 053
 Enclosures 25
 Page 12
 of 6

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2615
 P.O. Box 12053
 Murfreesboro, TN 37129
 DATE 8/6/23
 PAY TO THE ORDER OF Lucy Owens \$ 298.96
 two hundred ninety eight & 96/100 DOLLARS
 REGIONS
 FOR VRS Mtg hotel 100 mtg 193.90
 Callie Parks

4000017 00002615
 5324416614
 VOLUNTEER REGIONAL SERVICE
 Security Features exceed industry standards and include:
 • ImageMatch™ Matching account and check number
 • MICR™ (Magnetic Ink Character Recognition) 14B MICR
 • Micro-ink™ Micro-Deposit check mark to indicate if the check has been deposited via mobile device
 • The Security Weaver™ pattern on back designed to deter fraud
 • Microprint™ MPH lines printed on front and back
 • The words "ORIGINAL DOCUMENT" access to back
 • Photo Safe Deposit™ logo visible on front and back
 Do not cash if:
 • Any of the features listed above are missing or appear altered
 • The MICR or back links print or have disappeared
 • The words "VOID" or "COPY" appear on both front and back
 • The Chemical Wash Detection Box
 CHECK BOX FOR MOBILE REMOTE DEPOSIT
 PRINT NAME OF FINANCIAL INSTITUTION ON THE ABOVE
 Callie Parks

Check# 2615 08/07/2023 \$298.96

Check# 2615 08/07/2023 \$298.96

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2616
 P.O. Box 12053
 Murfreesboro, TN 37129
 DATE 8/6/23
 PAY TO THE ORDER OF Vincent Bryson \$ 1785.40
 one thousand seven hundred eighty five & 40/100 DOLLARS
 REGIONS
 FOR VRS
 Callie Parks

4000017 00002616
 5324416614
 VOLUNTEER REGIONAL SERVICE
 Security Features exceed industry standards and include:
 • ImageMatch™ Matching account and check number
 • MICR™ (Magnetic Ink Character Recognition) 14B MICR
 • Micro-ink™ Micro-Deposit check mark to indicate if the check has been deposited via mobile device
 • The Security Weaver™ pattern on back designed to deter fraud
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 • Photo Safe Deposit™ logo visible on front and back
 Do not cash if:
 • Any of the features listed above are missing or appear altered
 • The MICR or back links print or have disappeared
 • The words "VOID" or "COPY" appear on both front and back
 • The Chemical Wash Detection Box
 CHECK BOX FOR MOBILE REMOTE DEPOSIT
 PRINT NAME OF FINANCIAL INSTITUTION ON THE ABOVE
 Callie Parks

Check# 2616 08/14/2023 \$1785.40

Check# 2616 08/14/2023 \$1785.40

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2617
 P.O. Box 12053
 Murfreesboro, TN 37129
 DATE 8/6/23
 PAY TO THE ORDER OF WSO \$ 798.51
 seven hundred ninety eight & 51/100 DOLLARS
 REGIONS
 FOR DONATION
 Callie Parks

4000017 00002617
 5324416614
 VOLUNTEER REGIONAL SERVICE
 Security Features exceed industry standards and include:
 • ImageMatch™ Matching account and check number
 • MICR™ (Magnetic Ink Character Recognition) 14B MICR
 • Micro-ink™ Micro-Deposit check mark to indicate if the check has been deposited via mobile device
 • The Security Weaver™ pattern on back designed to deter fraud
 • Microprint™ MPH lines printed on front and back
 • The words "ORIGINAL DOCUMENT" access to back
 • Photo Safe Deposit™ logo visible on front and back
 Do not cash if:
 • Any of the features listed above are missing or appear altered
 • The MICR or back links print or have disappeared
 • The words "VOID" or "COPY" appear on both front and back
 • The Chemical Wash Detection Box
 CHECK BOX FOR MOBILE REMOTE DEPOSIT
 PRINT NAME OF FINANCIAL INSTITUTION ON THE ABOVE
 Callie Parks

Check# 2617 08/18/2023 \$798.51

Check# 2617 08/18/2023 \$798.51

VOLUNTEER REGIONAL SERVICE COMMITTEE INC. 2618
 P.O. Box 12053
 Murfreesboro, TN 37129
 DATE 8/16/23
 PAY TO THE ORDER OF Doubletree \$ 233.80
 two hundred thirty three & 80/100 DOLLARS
 REGIONS
 FOR SZF mtg
 Callie Parks

086391600256 5977 08/21/2023
 5324416614
 VOLUNTEER REGIONAL SERVICE
 Security Features exceed industry standards and include:
 • ImageMatch™ Matching account and check number
 • MICR™ (Magnetic Ink Character Recognition) 14B MICR
 • Micro-ink™ Micro-Deposit check mark to indicate if the check has been deposited via mobile device
 • The Security Weaver™ pattern on back designed to deter fraud
 • Microprint™ MPH lines printed on front and back
 • The words "ORIGINAL DOCUMENT" access to back
 • Photo Safe Deposit™ logo visible on front and back
 Do not cash if:
 • Any of the features listed above are missing or appear altered
 • The MICR or back links print or have disappeared
 • The words "VOID" or "COPY" appear on both front and back
 • The Chemical Wash Detection Box
 CHECK BOX FOR MOBILE REMOTE DEPOSIT
 PRINT NAME OF FINANCIAL INSTITUTION ON THE ABOVE
 Callie Parks

Check# 2618 08/21/2023 \$233.80

Check# 2618 08/21/2023 \$233.80

Easy Steps to Balance Your Account

Checking Account

1.	Write here the amount shown on statement for ENDING BALANCE	\$
2.	Enter any deposits which have not been credited on this statement.	\$ +
3.	Total lines 1 & 2	\$ =
4.	Enter total from 4a (column on right side of page)	\$ -
5.	Subtract line 4 from line 3. This should be your checkbook balance.	\$ =

4a List any checks, payments, transfers or other withdrawals from your account that are not on this statement.

Check No.	Amount
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
Total Enter in Line 4 at Left	

The law requires you to use "reasonable care and promptness" in examining your bank statement and any checks sent with it and to report to the Bank an unauthorized signature (i.e., a forgery), any alteration of a check, or any unauthorized endorsement. You must report any forged signatures, alterations or forged endorsements to the Bank within the time periods specified under the Deposit Agreement. If you do not do this, the Bank will not be liable to you for the losses or claims arising from the forged signatures, forged endorsements or alterations. Please see the Deposit Agreement for further explanation of your responsibilities with regard to your statement and checks. A copy of our current Deposit Agreement may be requested at any of our branch locations.

Summary of Our Error Resolution Procedures
 In Case of Errors or Questions About Your Electronic Transfers
 Telephone us toll-free at 1-800-734-4667
 or write us at
 Regions Electronic Funds Transfer Services
 Post Office Box 413
 Birmingham, Alabama 35201

Please contact Regions as soon as you can, if you think your statement is wrong or if you need more information about a transfer listed on your statement. We must hear from you no later than sixty (60) days after we sent the FIRST statement on which the problem or error appeared.

- (1) Tell us your name and account number.
- (2) Describe the error or the transfer you are unsure about and explain as clearly as you can why you believe it is an error or why you need more information.
- (3) Tell us the dollar amount of the suspected error.

If you tell us verbally, we may require that you send us your complaint or question in writing within ten (10) business days.

We will determine whether an error occurred within ten (10) business days after we hear from you and will correct any error promptly. If we need more time, however, we may take up to forty-five (45) days to investigate your complaint or question (ninety (90) days for POS transactions or for transfers initiated outside of the United States). If we decide to do this, we will credit your account within ten (10) business days for the amount you think is in error. If, after the investigation, we determine that no bank error occurred, we will debit your account to the extent previously credited. If we ask you to put your complaint in writing and we do not receive it within ten (10) business days, we may not credit your account.

New Accounts- If an alleged error occurred within thirty (30) days after your first deposit to your account was made, we may have up to ninety (90) days to investigate your complaint, provided we credit your account within twenty (20) business days for the amount you think is in error.

If we decide there was no error, we will send you a written explanation within three (3) business days after we finish our investigation. You may ask for copies of the documents that we used in our investigation.

FOR QUESTIONS CONCERNING THIS STATEMENT OR FOR VERIFICATION OF A PRAUTHORIZED DEPOSIT, PLEASE CALL 1-800-REGIONS (734-4667) OR VISIT YOUR NEAREST REGIONS LOCATION.

ADJ - Adjustment	RI - Return Item	CR - Credit	SC - Service Charge	OD - Overdrawn
EB - Electronic Banking	NSF - Nonsufficient Funds	APY - Annual Percentage Yield	FWT - Federal Withholding Tax	*Break in Number Sequence

You can make a deposit at the branch during business hours or at a Regions Deposit-Smart ATM, and you can also make a transfer or deposit through Regions Online Banking or Mobile Banking. To make a deposit to an overdrawn account 24 hours a day, please visit <https://selfservice.regions.com>.



Regions Bank
 Donelson Lebanon Road
 2409 Lebanon Pike
 Nashville, TN 37214

VOLUNTEER REGIONAL SERVICE COMM
 PO BOX 12053
 MURFREESBORO TN 37129-0041

ACCOUNT # 5324416614

Cycle 053
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LIFEGREEN CHECKING FOR BUSINESS

September 1, 2023 through September 29, 2023

SUMMARY

Beginning Balance	\$21,124.15	Minimum Daily Balance	\$21,124
Deposits & Credits	\$671.84 +	Average Monthly Statement Balance	\$21,478
Withdrawals	\$0.00 -		
Fees	\$0.00 -		
Automatic Transfers	\$0.00 +		
Checks	\$145.70 -		
Ending Balance	\$21,650.29		

DEPOSITS & CREDITS

09/11	Deposit - Thank You	671.84
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CHECKS

Date	Check No.	Amount
09/13	2620	145.70

DAILY BALANCE SUMMARY

Date	Balance	Date	Balance
09/11	21,795.99	09/13	21,650.29

**THE REGIONS MOBILE WALLET
 TERMS AND CONDITIONS HAVE BEEN
 REVISED. FOR DETAILS VISIT
 REGIONS.COM/MOBILEWALLETTTC.**

For all your banking needs, please call 1-800-REGIONS (734-4667)
 or visit us on the Internet at www.regions.com. (TTY/TDD 1-800-374-5791)



Thank You For Banking With Regions!
 2023 Regions Bank Member FDIC. All loans subject to credit approval.

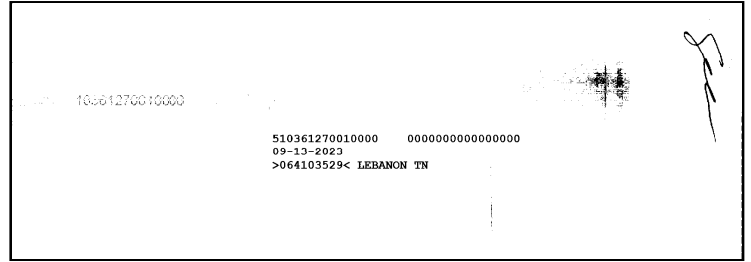
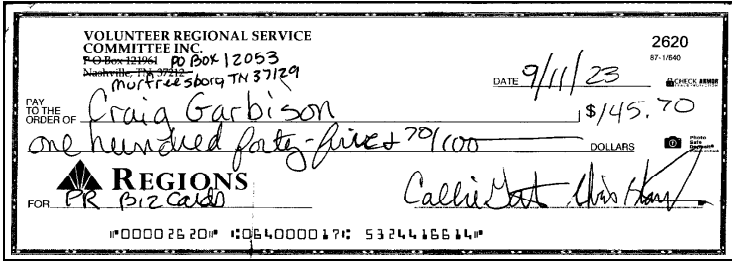


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 Nashville, TN 37214

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 MURFREESBORO TN 37129-0041

ACCOUNT # 5324416614

Cycle 053
 Enclosures 25
 Page 1
 2 of 3



Check# 2620 09/13/2023 \$145.70

Check# 2620 09/13/2023 \$145.70

Easy Steps to Balance Your Account

Checking Account

1.	Write here the amount shown on statement for ENDING BALANCE	\$
2.	Enter any deposits which have not been credited on this statement.	\$ +
3.	Total lines 1 & 2	\$ =
4.	Enter total from 4a (column on right side of page)	\$ -
5.	Subtract line 4 from line 3. This should be your checkbook balance.	\$ =

4a List any checks, payments, transfers or other withdrawals from your account that are not on this statement.

Check No.	Amount
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
Total Enter in Line 4 at Left	

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ADJ - Adjustment	RI - Return Item	CR - Credit	SC - Service Charge	OD - Overdrawn
EB - Electronic Banking	NSF - Nonsufficient Funds	APY - Annual Percentage Yield	FWT - Federal Withholding Tax	*Break in Number Sequence

You can make a deposit at the branch during business hours or at a Regions Deposit-Smart ATM, and you can also make a transfer or deposit through Regions Online Banking or Mobile Banking. To make a deposit to an overdrawn account 24 hours a day, please visit <https://selfservice.regions.com>.



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 Nashville, TN 37214

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 MURFREESBORO TN 37129-0041

ACCOUNT # 5324416614

Cycle 053
 Enclosures 25
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 1 of 2

LIFEGREEN CHECKING FOR BUSINESS

September 30, 2023 through October 31, 2023

SUMMARY

Beginning Balance	\$21,650.29	Minimum Daily Balance	\$21,650
Deposits & Credits	\$1,149.82 +	Average Monthly Statement Balance	\$22,050
Withdrawals	\$266.63 -		
Fees	\$0.00 -		
Automatic Transfers	\$0.00 +		
Checks	\$0.00 -		
Ending Balance	\$22,533.48		

DEPOSITS & CREDITS

10/19	Deposit - Thank You	1,004.82
10/31	Deposit - Thank You	145.00
Total Deposits & Credits		\$1,149.82

WITHDRAWALS

10/30	Recurring Card Transaction Zoom.US 888-799 4814 Www.Zoom.US CA 95113 4740	149.90
10/31	Card Purchase Harbor Freight 5251 805-388-1000 CA 91302 4740	116.73
Total Withdrawals		\$266.63

DAILY BALANCE SUMMARY

<u>Date</u>	<u>Balance</u>	<u>Date</u>	<u>Balance</u>	<u>Date</u>	<u>Balance</u>
10/19	22,655.11	10/30	22,505.21	10/31	22,533.48

You may request account disclosures containing terms, fees, and rate information (if applicable) for your account by contacting any Regions office.

For all your banking needs, please call 1-800-REGIONS (734-4667) or visit us on the Internet at www.regions.com. (TTY/TDD 1-800-374-5791)



Thank You For Banking With Regions!
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Easy Steps to Balance Your Account

Checking
Account

1.	Write here the amount shown on statement for ENDING BALANCE	\$
2.	Enter any deposits which have not been credited on this statement.	\$ +
3.	Total lines 1 & 2	\$ =
4.	Enter total from 4a (column on right side of page)	\$ -
5.	Subtract line 4 from line 3. This should be your checkbook balance.	\$ =

4a List any checks, payments, transfers or other withdrawals from your account that are not on this statement.

Check No.	Amount	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
	\$	
Total Enter in Line 4 at Left		

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Volunteer Regional Service Committee Inc.

Profit and Loss Detail

August 6 - November 24, 2023

DATE	TRANSACTION TYPE	NUM	NAME	CLASS	MEMO/DESCRIPTION	SPLIT	AMOUNT	BALANCE
Ordinary Income/Expenses								
Income								
Area Donations								
Clarksville Area								
10/19/2023	Deposit					VRSC Checking Acct	458.00	458.00
Total for Clarksville Area							\$458.00	
CTANA								
09/11/2023	Deposit		Chattanooga Area			VRSC Checking Acct	671.84	671.84
10/19/2023	Deposit					VRSC Checking Acct	88.90	760.74
10/31/2023	Deposit		DONATIONS		chatt	VRSC Checking Acct	112.22	872.96
Total for CTANA							\$872.96	
MWTANA								
08/09/2023	Deposit		DONATIONS		MID WEST	VRSC Checking Acct	125.00	125.00
Total for MWTANA							\$125.00	
WTASCNA								
08/09/2023	Deposit		DONATIONS			VRSC Checking Acct	200.00	200.00
10/19/2023	Deposit					VRSC Checking Acct	300.00	500.00
Total for WTASCNA							\$500.00	
Total for Area Donations							\$1,955.96	
Group Donations								
10/19/2023	Deposit				primary purpose	VRSC Checking Acct	10.00	10.00
10/31/2023	Deposit		DONATIONS		step by step	VRSC Checking Acct	32.78	42.78
Total for Group Donations							\$42.78	
Uncategorized Income								
10/19/2023	Deposit					VRSC Checking Acct	78.98	78.98
Total for Uncategorized Income							\$78.98	
VRC Prior Year Merchandise								
08/09/2023	Deposit		DONATIONS		VRC 40 MERCH	VRSC Checking Acct	110.00	110.00
Total for VRC Prior Year Merchandise							\$110.00	
Total for Income							\$2,187.72	
Expenses								
ADMINISTRATIVE EXPENSE								
Rent								
08/16/2023	Check	2618	Double Tree		SZF balance	VRSC Checking Acct	233.80	233.80
Total for Rent							\$233.80	
Supplies								
08/07/2023	Expense		Amazon		ENVELOPES	VRSC Checking Acct	29.58	29.58
08/07/2023	Expense		Amazon		STAMPS	VRSC Checking Acct	25.69	55.27
Total for Supplies							\$55.27	
Total for ADMINISTRATIVE EXPENSE							\$289.07	

Volunteer Regional Service Committee Inc.

Profit and Loss Detail

August 6 - November 24, 2023

DATE	TRANSACTION TYPE	NUM	NAME	CLASS	MEMO/DESCRIPTION	SPLIT	AMOUNT	BALANCE
DELEGATE TEAM								
08/06/2023	Check	2616	Vincent Bryson		mileage	VRSC Checking Acct	92.80	92.80
Total for DELEGATE TEAM							\$92.80	
Airfare								
08/06/2023	Check	2616	Vincent Bryson		flights	VRSC Checking Acct	487.80	487.80
Total for Airfare							\$487.80	
Delegates Lodging								
11/03/2023	Check	2621	Greg Vogelsang		service symposium	VRSC Checking Acct	300.00	300.00
Total for Delegates Lodging							\$300.00	
Delegates Registrations								
11/03/2023	Check	2621	Greg Vogelsang			VRSC Checking Acct	30.00	30.00
Total for Delegates Registrations							\$30.00	
Parking								
08/06/2023	Check	2616	Vincent Bryson		parking	VRSC Checking Acct	61.30	61.30
11/03/2023	Check	2621	Greg Vogelsang			VRSC Checking Acct	27.00	88.30
Total for Parking							\$88.30	
Per Diem								
08/06/2023	Check	2616	Vincent Bryson		meals	VRSC Checking Acct	440.00	440.00
11/03/2023	Check	2621	Greg Vogelsang			VRSC Checking Acct	79.02	519.02
Total for Per Diem							\$519.02	
WSC								
08/06/2023	Check	2616	Vincent Bryson		hotell	VRSC Checking Acct	703.50	703.50
Total for WSC							\$703.50	
Total for DELEGATE TEAM with sub-accounts							\$2,221.42	
PUBLIC INFORMATION								
08/06/2023	Check	2613	scott Gordon		zonal PR for professionals event	VRSC Checking Acct	360.07	360.07
09/13/2023	Check	2620	Craig Garbison		biz cards	VRSC Checking Acct	145.70	505.77
Total for PUBLIC INFORMATION							\$505.77	
Uncategorized Expenses								
10/31/2023	Expense		harbor freight		szf carry case equip.	VRSC Checking Acct	116.73	116.73
Total for Uncategorized Expenses							\$116.73	
VRSC MEETINGS -TRAVEL/LODGING								
Lodging								
08/06/2023	Check	2610	joseph Aucoin		hotel	VRSC Checking Acct	100.00	100.00
08/06/2023	Check	2615	Lucy Owens		hotel	VRSC Checking Acct	100.00	200.00

Volunteer Regional Service Committee Inc.

Profit and Loss Detail

August 6 - November 24, 2023

DATE	TRANSACTION TYPE	NUM	NAME	CLASS	MEMO/DESCRIPTION	SPLIT	AMOUNT	BALANCE
Total for Lodging							\$200.00	
Mileage								
08/06/2023	Check	2610	joseph Aucoin		mileage 244	VRSC Checking Acct	97.60	97.60
08/06/2023	Check	2611	Jesse Johnson		mileage	VRSC Checking Acct	126.40	224.00
08/06/2023	Check	2612	Richard Anderson		mileage 470	VRSC Checking Acct	188.00	412.00
08/06/2023	Check	2615	Lucy Owens		mileage	VRSC Checking Acct	198.96	610.96
08/06/2023	Check	2612	Richard Anderson		hotel	VRSC Checking Acct	100.00	710.96

Volunteer Regional Service Committee Inc.

Profit and Loss Detail

August 6 - November 24, 2023

DATE	TRANSACTION TYPE	NUM	NAME	CLASS	MEMO/DESCRIPTION	SPLIT	AMOUNT	BALANCE
Total for Mileage							\$710.96	
Remote Technology								
10/30/2023	Expense		Zoom US		zoom renewal	VRSC Checking Acct	149.90	149.90
Total for Remote Technology							\$149.90	
Total for VRSC MEETINGS -TRAVEL/LODGING							\$1,060.86	
VRSC Website								
08/06/2023	Check	2614	Jimmy Neville		paid bluehost for one year	VRSC Checking Acct	292.19	292.19
Total for VRSC Website							\$292.19	
Total for Expenses							\$4,486.04	
Net Ordinary Income							\$ -2,298.32	
Other Income/Expense								
Other Expense								
DONATION								
WSO Donation								
08/06/2023	Check	2617	WSO		Regional Donation to NAWS	VRSC Checking Acct	798.51	798.51
Total for WSO Donation							\$798.51	
Total for DONATION							\$798.51	
Total for Other Expense							\$798.51	
Net Other Income							\$ -798.51	
Net Income							\$ -3,096.83	



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Appendix C – Subcommittee Reports

Policy Report
November 2023

No one showed up to the scheduled meeting on October 31. I had nothing on the agenda anyway. There had been no motions deferred to P&P.

I updated the guidelines with the 2 housekeeping motions that passed in August. I've send them to Jimmy to add to the website.

The next meeting is scheduled for January 9 at 7 pm

Meeting ID: 901 350 5030

Passcode: NATN

Phone Passcode: 374794

In loving service

Lucy

VRC 42 is going well overall planning wise. We have all positions filled outside of Secretary, entertainment, fundraising, alternate treasurer, arts and graphics, entertainment, convention information. We have run into a stand still at the moment with finding a hotel. The SEC has added teams into the conference, so it could potentially be a home game this year, so the hotels in Knoxville are not willing to block out rooms. The new schedule will come out in mid December. We have reached out to 12 hotels and have not been able to get a single bid. 8 of those are in Pigeon Forge/Sevierville/Gatlinburg area where they were already booked or did not have enough parking to accommodate. We still have 5 in Knoxville we are waiting for the football schedule on.

We just got the EIN number to set up the bank account for the 501C3. I will get with the Treasurer this month to set up the bank account.

Brought flyers to take back to the areas. We currently have electronic registration set up to allow people to register and we can send them an invoice to pay at a later date when we have the bank account set up.

Thank you for allowing me to serve.



Hello Family,

Thank you for all of your support this weekend. We had a great event that was well attended and financially successful. I will attach a copy of the treasurer's report. We will have a more detailed breakdown of the finances next month after our last VRC committee meeting in December but as of now it looks like the event has cleared over \$13,000 in profit. I have heard from several attendees that the speakers were great as well as the hospitality room and the silent auction was a big hit. We are almost sold out of merchandise. We will be sending everything from the regional storage back for next year's event. Thank you for allowing me to serve!

I.L.S.

Keith L.



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Appendix D – Motions



- Regional Service Committee Business
- World Service Committee Business

VRSC Motion # 11-26-23_01

Date of motion: 11-26-23
Motion by (name): Sam D.
Area/Committee/Office: VRC Guidelines Ad-hoc
Second by (name): Joe A Chattanooga Area

THE MOTION READS AS FOLLOWS: Motion to adopt the document “VRC_Guidelines_2023” for use as the primary guiding document for VRC Committees effective immediately.

INTENT: To provide the VRC Committees with an up-to-date, modern, and comprehensive set of guidelines to help direct them in planning and facilitating the regional convention on behalf of the Volunteer Region.

DISPOSAL OF MOTION

Date of vote:
 _11-26-23_____

Count:
 Yea: ___9___ Nay: ___0___ Abstain: ___0___

Action:

Decided by VRSC vote
 Deferred to Group Conscience
 Deferred to Area Conscience
 Deferred to: _____

Outcome:

Passed
 Failed
 Tabled
 Amended (attached)
 Withdrawn
 Other

This motion:

Creates or changes VRSC procedure
 Amends (document or policy) _____
 By adding language, page _____, paragraph _____
 By replacing language, page _____, paragraph _____
 By deleting language, page _____, paragraph _____



- Regional Service Committee Business
- World Service Committee Business

VRSC Motion #

Date of motion: 11/20/23
 Motion by (name): MIKE G. RCM HOT AREA
 Area/Committee/Office: HOT AREA
 Second by (name): GLEN

THE MOTION READS AS FOLLOWS:

TO SPEND UP TO \$250.00 TO PURCHASE
 PLASTIC STORAGE BINS TO STORE AND
 PROTECT OUR ARCHIVE DOCUMENTS.

INTENT:

TO PROTECT OUR ARCHIVES FROM
 DETERORATING FORTHER

DISPOSAL OF MOTION

Date of vote: 11/26/23

Count:
 Yea: 8 Nay: 0 Abstain: 0

Action:

- Decided by VRSC vote
- Deferred to Group Conscience
- Deferred to Area Conscience
- Deferred to:

Outcome:

- Passed
- Failed
- Tabled
- Amended (attached)
- Withdrawn
- Other

This motion:

- Creates or changes VRSC procedure
- Amends (document or policy)

•By adding language, page _____, paragraph _____

•By replacing language, page _____, paragraph _____

•By deleting language, page _____, paragraph _____



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Events

NCTANA PRESENTS:



DODGEBALL TOURNAMENT

**Jan. 13th, 2024
2pm-7pm**

**First United Methodist Church
149 West Main St, Gallatin, TN, 37066**

**\$40 per Team
\$5 Lunch Sack**

Speaker

Fellowship



"IF YOU CAN DODGE A WRENCH, YOU CAN DODGE A BALL."

Contact:

**Justin T.
615-568-7063**

**Jimmy C.
615-405-5793**

**BAM
629-243-8052**

NORTH CENTRAL AREA NARCOTICS ANONYMOUS

Presents:

2024



NA OLYMPICS

4/20/2024

TRIPLE CREEK PARK

GALLATIN, TN

CONTACT : BAM-629-243-8052

